

Surprised

I'm happy and surprised to find a newsgroup interested in Franz Bardon's writings.⁷ I bought Bardon's three books – *Initiation Into Hermetics*, *The Practice Of Magical Evocation* and *The Key To The True Qabbalah* – 29 or more years ago in a small bookshop specializing in esoteric books.

Most books on the subject of Hermetic Magic are of little value. These, however, are an entirely different matter.

They are for real, as you will quickly discover once you begin to study and perform the exercises in the first book.

YOURS, Jef C. APRIL, 2001.

RE: SURPRISED

Jef, welcome to the newsgroup! What is your experience with Hermetic magic? So far, I've only read a few books on the subject.

YOURS, ROBERT E.

⁷Franz Bardon (December 1, 1909 – July 10, 1958), was born in Opava, Austrian Silesia. During World War II, he was held in a concentration camp for refusing to participate in Nazi mysticism. Later he was rescued by Russian soldiers who raided the camp. Bardon continued his work in the field of Hermetics until 1958, when he was arrested and imprisoned in Brno, Czechoslovakia and died on July 10, 1958 while in the custody of police.

“ RE: SURPRISED

I have been a student and practicing Hermetic Magician for over 30 years. My first success of any real significance came only after I began to study and practice exercises found in the book, *Initiation Into Hermetics*.

As I think back to the day I first began, I'm reminded to tell you that, with a concerted effort, changes in your perception will come rapidly and grow exponentially as one continues to study.

Lest I digress: Bardon's books are the only ones you need, if you are charged with the will to pursue the goal of Adept and beyond.⁸

Yours, JEF C. APRIL, 2001.

⁸An Adept, in this context, is one able to cause change in the material world, or speak thought into being.

A long time

It has been a very long time since I studied and worked from *Initiation Into Hermetics*, but upon joining this newsgroup, I took the book down from the shelf and read through it again.

I can remember performing the exercises and the irreversible changes in my life as I became more and more involved in Hermetic Magic.

The day I opened this book, my very existence changed entirely and was never the same again.

JEF C. MAY, 2001.

Time to be honest

Has anyone achieved abilities through this system, or any other for that matter? I mean real abilities, not some random experience. I have practised for eight years and I am beginning to think it is all a bunch of B.S.

JACK V.

“ RE: OK TIME TO BE HONEST

I experienced the first ‘transformation’ in the mid ’70s. The second in the late ’80s. I am nearly 56 years old at present and my task is so daunting, I may not have time enough left to complete the third and final ‘transformation’ before this life is over.¹¹

You ask what abilities has anyone achieved through practice of this system or any other. Perhaps it was because I had an adept sponsor early in my training, or maybe for no reason at all I am able to do certain things considered impossible by all but a very few and fall into the category of true magic.

¹¹The magician believes we have more than one life.

If it makes you feel better, I was skeptical of attaining any meaningful results, until I saw the things my sponsor could do at will and was convinced I too could become as he.

JEF C. MAY, 2001.

RE: OK TIME TO BE HONEST

Ah, I've never had a sponsor I've been collecting pieces of the spiritual puzzle together through experimentation. Austin Osman Spare [the writer] helped me a great deal. Some of what I have found on the Internet has helped a great deal also, but I haven't achieved a 'transformation' yet. My progress is a slow transformation.

Besides the feeling and control of energy, I haven't achieved any abilities.

Can you tell me some of your abilities? The things people consider impossible? I'm not sure what matters, the amount, or the quality. Perhaps fourteen meditations are better than a fourteen-hour meditation. What are your views? What do you mean when you say 'transformation?'

JACK V.

The impossible

I do many seemingly 'impossible' things, although these days, I tend not to in the presence of others. The things I can do frighten people. When I was a young man, I would occasionally separate myself into two distinct individuals and perform different tasks.

As far back as 1975, my sponsor taught me how to stop the world by degrees, or stop just a portion of it, if I so desire. I can vanish and reappear, or change my appearance, project fire from my solar plexus, or project water to put the fire out.

I have 360 – degree vision. I'm clairvoyant and clair-audient. I can cause thunderstorms, rain, snow and earthquakes.

In short I can do nearly anything, but not everything. I cannot speak thought into being.¹² That is the ability conferred to one during the third transformation, which I'm still working at. There may yet be time.

JEF C. JUNE, 2001.

¹²In India a man who can at once materialise every word he says is called a 'Wag'.

Three Great Transformations

‘What do you mean when you say “transformation?”’ Bardon wrote nothing specific about the three transformations as far as I know. He did, however, allude to them in often cryptic clues, placed here and there throughout his books.

I was blissfully unaware of real transformation, until I was confronted by the first in July 1975. It came when I least expected it, in a place I would least expect to meet the *initiator*; 11 AM in a crowded public marketplace. My sponsor knew it was about to happen, but was bound to keep me unaware. His one concession to me out of friendship, was to ask that I wear a red cord tied around my solar plexus under my shirt that day. I did as he requested.

The experience was so trying that I lay sick for three days, part of me in this world and part of me in another place. During those three days, I dreamed the same dream over and over. To this day, I’m not at all sure if it was a dream.

When I came back to myself, my power had increased a thousandfold or more and I knew all I needed to know of the other two transformations, to set about working toward achieving each in its turn.

To project fire, or any other quality, I first breathe in an amount of the particular quality, roll it into a ball and project it in that form from my solar plexus, fingertips or my palms, depending on the purpose and how I wish to manipulate the quality. I sometimes project from my pores, into my dynamic sphere, then expand my sphere as needed. Usually this is done to create a barrier to keep something in, or out of my sphere of control.

JEF C. JUNE, 2001.

RE: THREE GREAT TRANSFORMATIONS

I'm not exactly sure about what you mean by sphere of control. As for breathing in a quality, I'm guessing you mean focusing on a element, like fire, in order to give you a mental picture of being full of that element? As for rolling it into a ball, this has been a question of mine for the last, oh, six years, since I first tried that technique.

How exactly should it work? I mean I visualize and then try to feel a ball of energy between my hands. Usually all I feel is a band of energy connecting my hands together.

I have never had a sponsor always been freelance. Right now I'm just trying to get better control of my mind and hope that leads naturally to what's next.

Can you tell someone's skill level psychically? I'd love an appraisal.

JACK V.

RE: THREE GREAT TRANSFORMATIONS

Your skill level is your skill level. I think it's pointless to get an assessment from another person. Anyone with depth of character, is NOT going to give you an assessment of your skill level. Neither should you accept such an assessment if given.

REGARDS, PHILIP C.

RE: THREE GREAT TRANSFORMATIONS

By sphere of control, I'm speaking of the area encompassed by one's physical body, with arms outstretched and body turned in any position. My normal dynamic sphere of control is a bit less than 2.5 metres. I can expand that sphere considerably by the procedure I spoke of earlier.

I'm sorry, but it does not fall under my purview to assess the ability or progress of another. In the same vein, I can tell you how I do something, but I cannot do it for you.

A meditation on the mystery of breathing may help you learn to breathe in, retain and roll the elemental qualities into a ball. My method is simple and began in the imagination as a visualization exercise. After a lot of practice, my perception became reality.¹³ The same goes for pore breathing. I practiced, until I could sustain myself indefinitely, without inhaling or exhaling in the normal sense. It was so easy to learn, I wondered why I'd never done it before.

¹³The answer to one of the questions above.

An interesting side effect of pore breathing, is that it can be the first step towards removing yourself from existence and re-inserting yourself again. I know that last part won't make any sense to you, but that's just the way it is.

JEF C. 7TH JUNE, 2001.

RE: THREE GREAT TRANSFORMATIONS

Hey, thank you for responding. I probably shouldn't have asked for an assessment. Sorry; I guess I am somewhat overwhelmed. It's difficult to get a hold of all this, does anyone want to discuss another subject?

JACK V.

TO JEF C.

I too, had a sponsor or 'teacher' throughout the 1970s and part of the 80s. His sponsorship and training was a transformational event in my life. He was also capable of doing 'magic'. However, I was unable to do anything. I miss him terribly and even though I am no longer on a magical path, I do respect those to whom power is conferred. It comes only from hard work and great effort.

MICHAEL G.

RE: TO JEF C.

My sponsor spent an exceptional amount of time and energy, helping and guiding me during the first stage of my studies, when I needed the most help. Were it not for his guidance, I do not think positive results would have come so early, or in such abundance.

Speaking of your quitting the path, all I can say is, that it must not have been the right time for you.

JEF C. OCTOBER, 2001.

RE: TO JEF C.

Perhaps it was timing. I began to be unhappy with magic (as a spiritual direction) in part, due to my own lack of discipline and lack of patience. Also and regrettably, my teacher did an unauthorized 'healing' on me, which contributed greatly to his early demise.

All I can tell you is that he was a great Master, who gave everything to me and I proved to be unworthy. Knowing this has been difficult to live with. As for my present course... Seven years later, it is uncharted still.

YOURS, MICHAEL G.

Note: no one really knows why a spirit chooses to disincarnate.

“ RE: TO JEF C.

Many start on the path to initiation and greater enlightenment, but a relative few stay with their study and practice.

The usual reasons for giving up are: distraction, poor concentration, unreasonably high expectation and fear of unbidden changes in the senses.

Often, an inability to cope with the juxtaposition of the firm world of the common day, with the three inner flexible worlds, where a part of the consciousness of the magician maintains a presence, will rattle the would-be magician into quitting the path.

It has not been an easy thing, to study and practice magic for all these years, but I have done it. If one is not ready in all aspects of their being to become an initiate, nothing short of bestowal by a creator can make it happen for you.

JEF C. OCTOBER, 2001.

An old magician's thoughts

For any of you initiates working your way along the paths toward the second or third Great Transformation, here is something that may be worthy of your consideration.

After I underwent the second Great Transformation, a question surfaced in my thoughts again and again. It was: Why work so diligently preparing for the third transformation, when I am already capable of performing so many great and marvelous works, having achieved the second level of initiation?

I have no doubt my progress was slowed measurably, due to the same self-induced vanity that formulated the question. When such questions disturb your thoughts, it is best to hold counsel with your perfected self and set your mind right.

Lately, as I move closer to the third Great Transformation, visions of the fourth Great Transformation and its relationships are beginning to appear in my meditations.

Wraith-like shadows, singing the coloured symbols I have yet to fully master, float above, below, beside and through me, as though I am in a glorious waking dream.

I now understand that the third Great Transformation is not a sudden change, but a slower process. Nor is it magic, being something else entirely. The transformation enables one to not only create and de-create across the four worlds of this universe, but also allows one to leave the alpha universes behind and begin anew in another existence entirely. . . if the initiate so desires.

JEF C. NOVEMBER, 2001.

Are you perhaps, one of The Thirteen?¹⁹

MICHAEL G.

“RE: ARE YOU PERHAPS, ONE OF THE THIRTEEN?”

No. I am but a former barbarian who walked into a little bookshop many years ago and bought the only copies of Bardon's three books they had. Nothing has been the same since.

JEF C. NOVEMBER, 2001.

Note: Franz Bardon states that, 'since the genuine magician is clairvoyant, he can look back with his spiritual eye into his former incarnations. . .'

¹⁹A group of powerful spiritual beings.

In the beginning we tend to resist out-of-body travel, fearing our consciousness may not be able to get back in to re-animate the body. That fear soon passes once we fully separate and feel the strength of the connection between consciousness and body. While one's consciousness is removed, the body's autonomic functions continue, similar to deep sleep.

JEF C. NOVEMBER, 2001.

Thanks for the reply.

DOUGLAS G.

« RE: STRANGE THING

Many years ago I learned how to 'Stop the world' by degrees. By that, I mean removing myself and my immediate surroundings from everyday existence, step by step. I was guided through the process by my sponsor several times when I first began, so that my fears of ceasing to exist at all might be allayed.

In practice, 'stopping the world' is living between moments in time. For example: Suppose you have many things to do and not enough time in which to do them. You simply remove yourself from existence, do what must be done, then re-insert yourself into the everyday existence once again.

This is not a trance, per se, for physical as well as mental operations may be performed while in this state, but is similar in that you are removed from normal existence.

JEF C. 19TH NOVEMBER, 2001.

The simple rule is study, exercise, practice, all the while keeping to the true goal of the magician, which is the change of one's self from the 'raw' individual to the initiate.

As you become more and more involved in your study, you will begin to accumulate energies that attract other like energies to yourself and your life will probably change entirely, as mine did.

Experiences that you would normally attribute to chance will begin to occur with such regularity, you will realize it is not chance at all. It is likely you will meet a mentor, or a would-be sponsor, at that time. If you are of the right mind, you will recognize the one(s) who can and will help. You will also meet the deceivers who would lead you away from the true path, or down the wrong one. They always reveal their true nature and are not an especially difficult obstacle to overcome.

JEF C. NOVEMBER, 2001.

RE: THE TRUE GOAL

I think I've already met a few of the deceivers and briefly went down the wrong path. I've also gone through many ups and downs and now my path is pretty mellowed out, I suppose.

Of course, it worries me about the 'like attracts like' statement there, since I am not 'PURE': I mean, I naturally have a lot of anger at times, as well as fear. I've worked to control those elements in my life but still they are there. I take it these things will change or fall away as I progress and refine my spirit?

JACK V.

RE: THE TRUE GOAL

We are all subject to the many distractions from both within and without that would hinder, turn, or otherwise cause us to deviate from the correct path. I have said before and will repeat again, I once was a barbarian, more savage than not.

Magic, among other things, being the art of change and manipulation of the created and semi-created, changed all that. The study, exercise and practice of magic is the 'solve et coagula' by which we remove the impurities within, thereby refining ourselves to our purest form. Help often comes from where you least expect it, when you least expect it.

JEF C. NOVEMBER, 2001.

Well I guess the newsgroup is open. Anyone here want to talk about anything?

JACK V.

Note: solve et coagula is latin for 'dissolve and coagulate', an alchemical axiom used as a metaphor, the meaning of which is the melting and solidifying of metals, over and over to remove impurities. Removing impurities or negative qualities from the spirit can be trying, hence the fire analogy.

Mental wandering

Hi :) I have a strange question. Say a person is on one side of the world and another is somewhere on the opposite side: is it possible for them to meet in the astral world?

DANCHE, DOUGLAS G.

“ RE: MENTAL WANDERING

It is common practice among those on the path of initiation to meet at predetermined point(s) in the astral world(s). As the student progresses, it also becomes possible to separate the physical body into two entities, sending each to a different location in the everyday world, should one desire.

JEF C. NOVEMBER, 2001.

RE: MENTAL WANDERING

Well Jef, you seem to be the most experienced here. Have you met others with the same level of capability as you? Oh and one last question and I won't ask any more (hate to annoy you with

Try this

As your consciousness begins to migrate to the head, push it downward with your will toward your centre. Slow down your respiration, quieting the rushing sound until it is gentle and constant, visualizing it as a pale yellow pastel colour in which you are floating. When you are able to hold this in your thought, slow your rate of respiration until you are inhaling only.

When you have accomplished this, you may withdraw your consciousness into your centre entirely and start practicing levitation. Begin with about 10cm, extending to 25cm or more with a little practice. Try to maintain the state for only a short time at first, building up to indefinite periods. It is best if you practice in the prone position.

JEF C. NOVEMBER, 2001.

“RE: DANGERS

It's difficult, if not impossible for an individual in the middle of an uncontrolled astral experience to understand what is really happening.

Have been called away. . .

By Self-Perfected, I must leave this place for a time.

To those following the path toward self-realization, I would encourage you to study and practice. Prove all things. Hold fast to the true. I will be back again.

JEF C. DECEMBER 23RD, 2001.

Well, anyone else here and want to talk?

JACK V.

It's the ninth day and I'm back again

It seems apropos that the day I return also happens to be the first day of the new year. My conversations with 'Self-Perfected' were very unusual in nature, quite unlike any of my previous conversations. I learned much, though it may take some time to understand the ramifications of the knowledge imparted to me.

It was not an easy thing to spend so much time in the presence of 'Self-Perfected', but I'm beginning to recover from my experiences of the last several days now. I expect it will require 45–63 days, or even more before I am fully recovered.²² At that point, I can begin to actively put into practice what I've learned from Self-Perfected.

JEF C. JANUARY 1ST, 2002.

RE: IT'S THE NINTH DAY AND I'M BACK AGAIN

Too bad there don't seem to be any regular posters here but us and you're way ahead of me, or on another level completely. I've

²²The magician often uses multiples of the number nine.

27th day since meeting. . .

With Self-Perfected; more about that later. The consciousness may be completely removed from the physical body and sent into the other non-physical bodies. However, a connection to the physical body must be maintained. There is an exception: if the body is divided into two (or more?). In this event the consciousness is also divided, to be re-integrated later, along with the body.

I have no hesitation in speaking about my magical experiences, which are many in number dating back over 30 years. Abstracts of nearly all are written in my Magical Record, with detailed accounts of the more pertinent experiences and operations.

My term 'Self-Perfected' refers to what is commonly called one's H.G.A. Twenty-seven days ago I was called by that one, to go to another plane of existence and demonstrate my working knowledge of the symbolic language of creation, employing the two-, three- and fourfold combinations of the letters.²⁹

²⁹Qabbalah.

I've been studying and practicing the letters for nearly fifteen years, but have never applied them in combination before.³⁰ It was a long and tiring test. A small part of my being was fragmented to a degree, but is in the process of reassembly. I expect to be fully recovered before the middle of February. What then? The path ahead has been pointed out to me.³¹

Oh, incidentally, Self-Perfected is usually a member of the opposite sex and beautiful in appearance. My Self-Perfected is of the same sex and looks sort of like Daddy Warbucks. Go figure.

JEF C. JANUARY, 2002.

RE: 27TH DAY SINCE MEETING...

I find it frustrating to be so far behind. Is your Magical Record on-line by any chance? Is there any way you can tell if another (like me) is on the right track? I mainly work with energy and meditation because I have good feedback with both.

JACK V.

³⁰The Qabalah is an extremely long, difficult and dangerous field before one is even mildly effective, which is why *Initiation Into Hermetics* is so valuable.

³¹Even when one knows what they are doing, dangers still exist which is why the magician shows great cautiousness. Magic is said to suit people over 40!

Solve et coagula

You will not find any part of my Magical Record on-line. I have considered putting up detailed information on my web site, but haven't as yet decided whether to do so or not. When not in use, my Magical Record lies wrapped in a square of violet silk.³² I believe I have stated this in a previous post or two.

I cannot offer opinions on your ability, system, or practices. What I can do, however, is tell you what I would look for in a system of initiation, were I to be looking for one and what I would avoid in my search.

I would choose the most straight forward system, one which does not stress religion, or ostentatious, overdone ritual and grades of advancement. I would also avoid any 'cult of personality' like the plague.

I would avoid 'dabbling' in one system after another, never staying with a discipline long enough to achieve consistent, positive results.

There are several good systems of initiation out there. I chose what appeared to be the one least encumbered with extraneous material. I've never regretted my choice for a moment.

³²Franz Bardon states that '[s]ilk is known to be the best magical insulating material'.

As like attracts like, when you begin to achieve positive results, you will find every part of your life changing. The uncommon becomes the familiar, what you never imagined could be, suddenly is all around you and that's just the beginning.

JEF C. JANUARY, 2002.

RE: SOLVE ET COAGULA

Cool, I can't think of anything to talk about but I'm interested in anything you or anyone else would like to talk about.

JACK V.

“ BARDON EXPLAINS MUCH, BUT NOT ALL

He leaves it up to the student of magic to discover many truths as he/she proceeds along the path to initiation and beyond. One of these truths is anything which can be made, seen, visualised, or imagined, holds secrets within, some of which may be of significance to the aspiring magician.

All have portals by which they may be entered; some also serve as corridors which lead to other portals into other planes. Many are inhabited by the semi-created, others contain colors, sounds, qualities, or any or all the above. Some also serve to transport the magician to other earthly places and time periods.

I have been to many of these places, mostly the more well-known zones, planes, existences and worlds. I have also been to others not so well known.

the created worlds, at some point they are challenged to commit to a goal, a system, a personality, something, or quit the path entirely.

If you are self-directed, you may choose a full course 'menu' or go à la carte, so to speak. If you are guided by a 'Guru' your way may be selected for you, or you may be given free rein to follow the road you choose. If you are in thrall to a personality, well... good luck.

My experience of last month was a severe test of my degree of mastery of the letters of the cosmic language of creation. I was taken to a place outside this existence, where I could do no harm. Then, my knowledge of the letters and their correct application were tested. I made a few errors and as a result suffered some injury. I will continue to practice and be tested again at a later date.

JEF C. FEBRUARY, 2002.

RE: STOPS ALONG THE ROAD

I recall now what Tumo is. Buddhist Himalayan monks practice it. I believe they do a trick with soaked sheets that causes steam to rise from them. Your experiences seem very extreme: are they as real as this plane?

So higher goals are better? What if my goal is to become a god? A complete master of my environment? Is that a good goal to set other than to 'get rich and find love'?

I understand there are three main bodies the coarse body, the astral or soft inner form and then the mental 'information' body...

So far, though, the only thing that appeals to me is energy manipulation, which will probably lead to Samadhi. Oh, I forgot to ask if you've read Austin Spare's books?

JACK V.

Complete removal

The method I was taught requires the magician(s) be enclosed within a room, from which all stray energies are then banished.

Then the formula MILA is vibrated to slow time to a stop and open the portal. When time has stopped the magician(s) levitate and cross the threshold, past a thin border of swirling bluish-silver fog, into the nothingness.

In the nothingness, there is no time or space as we conceive of it. I have gone there to ponder difficult questions in total solitude, work out formulae un-hindered by wandering thoughts and rehearse various operations.

On returning through the border and recrossing the threshold no time whatsoever will have elapsed. Then, the formula is reversed and all returns to normal. . . if there is such a thing for the magician.

The emanations I spoke of are the auric band(s) surrounding the outer body.

JEF C. FEBRUARY, 2002.

RE: COMPLETE REMOVAL

I think I know what the auric bands are. You mean cloud-like bands? When you say levitate and cross the threshold, do you mean mentally or physically? You mean you simply isolate your mind from this world, right?

JACK V.

“ RE: COMPLETE REMOVAL EXPLANATION

When I speak of removing myself from and re-inserting myself into existence, my terminology is not exactly correct. What I am trying to describe is my complete physical removal from time and space into a sort of pre-formative nothingness, independent of this creation. It is not simply the consciousness which leaves, but also the physical body that passes through the portal unchanged in any way. That, I suppose, is why you must levitate and float both out and back under guidance of the will.

Were my sponsor still among us, I would no doubt have asked for further details long ago. Unfortunately he is long gone. The last time I saw him was in August, 1976. Our last meeting is a story worthy of telling in its own right. It was most unusual in all ways.

The bands I'm speaking of surround the body and emanate from it. They vary in number from individual to individual, are luminous and of different hue, with ragged edges blending into one another.

JEF C. FEBRUARY, 2002.

The threshold

Do you have knowledge of a magicians 'Order', limited to a constant 13 members acting together on a worldwide basis? Supposedly they meet astrally and, among other things, help 'patrol' the inner planes. Didn't Bardon mention a few words about them? Again, thanks.

By the way, what happens to a true Ceremonial High Planes Magician upon death? Does he/she have the option to come back or to continue without the benefit of a physical body?

MICHAEL G.

“ RE: THE THRESHOLD

I have knowledge of an 'order or council' similar to the one you speak of. A magician who has undergone the third Transformation may leave or stay as he/she so desires. To my knowledge most elect to leave, unless there is a compelling reason to remain here. Once the option to leave has been exercised, it seems to me only under very special necessity or circumstance, does the magician return in any form corporeal or otherwise.

JEF C. FEBRUARY, 2002.

RE: THE THRESHOLD

I take it that you are an initiate of this Council? My former teacher was often called to attend astral meetings and do what he called 'inner planes work'. Just out of curiosity... Why are there only thirteen magicians at one time? Or is that number flexible?

He also had communications with non-earth beings (aliens). Have you had such experiences? Again, thanks for your candor and availability to us below you.

MICHAEL G.

RE: THE THRESHOLD

At present I have no affiliations. The threshold before me may only be crossed by the magician who is free of the encumbrance and obligation which out of necessity memberships, orders and councils demand.

The membership in such an order is always limited in number, for the number itself states the purpose to which the order is dedicated.³⁶

Are you referring to aliens from other solar systems in this universe?

JEF C. FEBRUARY, 2002.

RE: THE THRESHOLD

Yes, from this Universe and have you had contact with aliens from other planets or solar systems, or perhaps, aliens who come from different planes AND different planets? I have had a brief

³⁶13 = 1+3 which equals 4 this being the number for Earth.

To those who persevere

I have been away in another place for 72 days. A world where color, sound, taste, feel and smell are thought itself. I have undergone the third Transformation. This particular existence has little left to offer other than to act as a base for experimentation.

I am now able to travel freely from realm to realm, within or without this existence, forward, backward, up, down, sideways or not at all; to create or de-create as I please. It is awesome and exhilarating to be IAM WAG after such a long journey, while knowing it is really only the beginning.

I must go to another place if I wish to further my initiation and at this time, I'm weighing the many alternatives open to me. Time is no longer of any import whatsoever.

To answer your question, Michael; the emerald flashes you spoke of are a vision of the mountain which stands between you and Transformation.

At the right time, you will fall sick with queasiness and vomiting, settling into a trance-like sleep.

In what you think is a dream, you will circle the mountain three times, each time rising, yet not quite reaching the apex. This will be the sign.

Remember the color exactly as you see it in your mind's eye, so you will recognize the mountain. When you awaken you will find in your possession a parchment with the sigil of Hagiel upon it. Do not fear it.

JEF C. MAY 23RD, 2002.

JEF C. – WELCOME BACK

I can only imagine what changes have befallen you during your Transformation(s). Your contact with me and I'm sure others, is very important, since it represents the only true magical contact I have had in many, many years. I will remain tuned in to my dreams as much as possible. How long will this 'valley' last?

MICHAEL G. MAY 26TH, 2002.

Nearing the end

Having successfully completed the third and final Transformation of those available in the ALIM existence, this magician is now detached from the continuum. Physical reality no longer applies.

I am encouraged to settle the affairs here, then leave forever. I feel I shall be doing that in the not-so-distant future, there being little remaining for me here save the company of my wife and daughter.

Michael; The first Transformation is still available to you. To accomplish this you must do practical work, the most important of which is breaking your consciousness free from the common thought in which it has become mired.

Begin working with the fire element through inhalation and projection. Also choose an object to animate. Work toward breathing life into this object, then withdrawing and reabsorbing this life energy.

Work in accordance with the guidelines set down by Bardón. It will take strong action to break free of the complacency that holds you in thrall. Once you have broken free of the grip of the common, you will proceed rapidly.

JEF C. JUNE 1ST, 2002.

About the present, past and future

I really have little to do here, save enjoy the company of my wife of many years. It might have been better had I never married, or fathered a child, all things considered. But what's done is done. I will not go back and change it now.

Something I have never bothered to mention is that the non-spatial continuum may be manipulated in any way the fully transformed magician wills. The reason I do not choose to do so is something of a paradox.

The ability to manipulate time in order to serve the magician to his/her benefit, comes with the third Transformation. With the third Transformation, all reason for altering the continuum vanishes.

My sponsor tried to teach me this many years ago: unfortunately, I was incapable at that point of understanding, or appreciating the simple magic of concentric rings.

At present I have no students. I think it is for the best that I do not attempt to teach others at this point. I have the record of all my magical operations, formulae, meditations, herbs, spices and other substances used

or needed by me as a magician. My record contains specific conjurations, spirit names, qualities, sigils and much more.

The record of my experience fills most of the 1080 pages of my book as of this writing. I have magically sealed a number of pages together, pages which may only be un-sealed by one capable of working with what is written on them.

When I go, I shall leave all my magical tools and equipment behind along with my book. My wife has been given detailed instructions for their disposition as they are magically charged to a high potential and may not be handled without precaution.

I shall be spending more and more time away from this existence, until at some time in the near future I simply will not come back and resume a physical existence. My wife and I have also worked that eventuality out between us.

JEF C. JUNE 12TH, 2002.

RE: ABOUT PRESENT, PAST AND FUTURE...

I must congratulate you on your path and having passed through the third Transformation. One thing I remember from my teacher was his mention of 'continuous learning'. He mentioned that even though you 'can' do certain things, you don't.

Hence the reason why a full magician doesn't win the lottery, or float buildings around like Superman. I trust that this reflects a magicians spiritual progress and the use of such powers would be considered somewhat base and altogether unnecessary.

With regard to you not having a student: That seems a waste. Is there no student who could not benefit from such knowledge? My

In flux

I regret I have been unavailable for commentary lately. I have been working in another place for most of the last few months while my wife tended to my physical body.

Although this has never been a problem for her in the past, she has lately been having some difficulty dealing with the curiosity generated by my being away for these much longer periods.

The neighbors, who do not know what I am and family members, who know me all too well, have begun to ask about me. Until now my wife has excused my absences by telling family members, the neighbors and others that I've been ill. That all ends today.

This morning using the formulae COLM and AShRI, I created copies of my wife and I to replace ourselves in the common world. Then after combining our two essences (id/ego/psyche) I de-created our well-worn material bodies. The copies are indistinguishable from the originals, which no longer exist.

The reason I created the copies of ourselves is to maintain links to this world which are not subject to the normal wants, needs, or deterioration of the actual physical bodies born of our mothers.

When our daughter is well established and I have made her understand and accept what we've done, we will leave entirely, erasing any knowledge of our having existed to all but a few, much like my sponsor before me. Although there is much I could teach to many, there would be a problem in doing so. I would be breaking a sacred promise to my wife.

When we were married in 1976, we made certain promises to each other. One of these was that I would not take on students and risk becoming responsible for them, or their actions. I have remained true to this and the other promises I made then, just as my wife has remained true to the promises she made to me.

The pact made between my wife and I many years ago is completed. We are truly one, joined together for the next leg of the journey. Even now, after having begun the transition, it could easily be reversed and postponed if we so desired, but to what purpose?

Best wishes and goodbye,

JEF