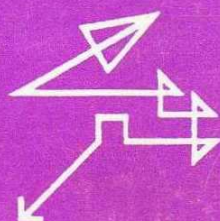


# MAGIC

# & MUSIC

The Language of the Gods Revealed



by J. Wescott



MAGIC & MUSIC

The Language of the Gods Revealed

by

Juanita Wescott

First Edition Printing

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## INTRODUCTION

I have written this book for the seekers of the true path to Magic. The primary purpose of "Magic and Music" is simply to provide the aspiring Magician with a complete set of tools with which to work. All things in the Universe work together in harmony and so it is with the components of Magic. If one aspect is left out, it is analogous to leaving the yeast out of bread. It is still bread but the end result leaves much to be desired. It is surely little wonder that so many students of Magic give up in despair when either nothing works or the result of their efforts is seriously inadequate.

The two missing links on the path to Magic are the Elemental Energies and Music. When these qualities are combined with the Quabbalistic letter combinations success is virtually guaranteed. This information is not new but are the ancient secrets which were incorporated into the Mantras, Tantras, and ancient religious rites.

Don't despair at this point. Musical talent is not a prerequisite for successful application of the knowledge contained herein. A pitch pipe is all that is necessary; however, any musical instrument will suffice quite nicely. The aspiring Musician shall discover secrets that will prove incredible. The true Language of the Gods and the Key to this communication is Music.



## MAGIC & MUSIC

### The Language of the Gods Revealed

I have left others to teach the religious aspects of the Ceremonial Circle. I have concentrated on Formulas that will be useful in our everyday lives and for the furthering of Spiritual learning.

I have, dutifully, set pen to paper as directed by Spirit and told all that I know to be true and valid. I will, however, allow you to be the final judge. In the event that this book helps even one of my readers, I feel that my time, energy, and effort have been well spent.

### DEDICATION PRAYER

The power and wisdom of the Divine Light

Strengthen and protect me,

The powers of Darkness lie helpless before me,

By the Pentagram of Divine Essence I serve and obey,

The Forces of Nature await my beckon call,

In truth and light I serve Divine Providence and Humanity.



## DEDICATION

There are not enough beautiful words to adequately express my deep appreciation to my family, friends and Spiritual helpers for the support and encouragement I was given during these writings.

**My Family:** My husband Paul and my children Laura, Troy, Terry, Shawna, Jimmy and Johnny.

**Linda Herzog:** My good Friend without whose help editing and revisions might never have been ready for final publication.

**Geoff Beneze:** He not only fought with me over word useage, but contributed the chapter "Food for Thoughtful Consideration." I deeply cherish his friendship.

**David Weaver:** This gifted artist supplied all the graphic artwork which is illustrated both on the cover and throughout the book. My special thanks, David.

**Merry Citoll:** My good friend who served as a guinea pig for the "Tone Magic" invocations. She also supplied most of the musical arrangements.

**Dieter Ruggeberg:** Apecial thanks to this dedicated individual for the permission to utilize Franz Bardon's teachings within this text. It is my wish that all those who read this book should study his books.



**MAGIC & MUSIC**

**The Language of the Gods Revealed**

by

**Juanita Wescott**

**PART I**

**DEVELOPMENT TECHNIQUES**



## THE MAGICIAN AND THE AGE OF AQUARIUS

By the law of Karma, good as well as evil must exist. This is necessary in order to allow the free development of the human spirit. Purification of the soul is our primary responsibility. Ultimately, we return to the Creative Source as perfect spiritual beings. This is the transcendental reality.

The science of Magic has existed since the beginning of mankind. It is of the utmost importance that we fully understand God's personality. "In the beginning, there was the Word and the Word was with God." God created all things using the Word in accordance with the Universal Law. The Quabbalah is the Creative Word.

Complete development of the spiritual senses is mandatory. Such development must take place in order to integrate the personality. In all affairs the Magician will then display a balanced and controlled mind. This is the Magical Equilibrium.

The basic laws of Magic have been carefully guarded for centuries. This has been necessary to prevent the abuse of power. Everything has its duality, positive and negative, especially Magic. However, no other field has such devastating Karmic repercussions. Misuse of the science of Magic can ruin the account of your Karma for the next thousand years. I say these words not to discourage you but to bring to your attention the high responsibility involved with its use.

It is imperative that the basic laws of Magic be made accessible today. During the troubled and chaotic times ahead, we will have to rely on the Universal Laws rather than technical means. The mature Magician will be the "eye<sup>3</sup> within the raging "hurricane."



There is much evidence that within the next two decades the earth shall again lose its equilibrium and shift on its axis. A power-hungry, technologically-crazed and materialistic world will again be brought to its knees. The coming earth shift will render much destruction and loss of life. However, it will also serve as a cleansing of the earth's surface. Mankind will be brought back to God Consciousness.

The Magician will lead people to safety, find or create food and shelter, heal the sick and comfort the grieving. Without a doubt, our task is tremendous.

The Magician is a self-sacrificing servant of Divine Providence and mankind. He learns and grows in wisdom, understanding and compassion. Ultimately, he evolves in the terms of his inner being into a perfect spirit. This is the direct path to Spiritual Perfection.



## THE PERILS OF BLACK MAGIC

Black magic is the manipulation of the Universal Laws for personal gratification. The Black Magician gives no consideration to the desires, rights, freedom of choice or Karmic restrictions of himself or others. He seeks to control the powers that be by force rather than merit.

The entities through which the Black Magician gains his power are those which are trapped on the lower astral and earth planes. Many of these soulless creatures have been created by man's own thought-forms. They have been created from the epitome of hate, greed, sexual perversion, and every debase emotion that man is capable of having. This type of energy not only gives power but feeds and nurtures these evil creatures.

Foolish, indeed, are those who choose to deny the very existence of these ravenous and destructive entities. Their rending power is such that it must be greatly feared. These perpetrators lie in wait to consume the soul in exchange for the powers they offer.

Black Magicians exist today, more powerful than ever, disguised and masquerading in the name of Truth and Light. They vampirize humanity with false promises and lead the unsuspecting sheep to slaughter. All those who are not consciously aware of the perils of the false light are endangered. In the name of the Most High, the Black Magicians come to plunder. They create emotional and religious frenzy in order to suck the vital energy which they require to maintain their power. They enslave their victims' vital energy emotionally, sexually, and financially until they have quite willingly handed over their souls.



I have personally witnessed these depraved Magicians. They call themselves Politicians, Ministers, Priests, and all types of professional leaders. As the Lion stalks the Lamb, they eventually consume their unsuspecting prey. Their innocence alone cannot save them. Apparently, their only sin was failing to learn how to prevent this perversion of power.

I personally attended a spiritualist church for a short time. I sadly observed the manipulation and vampirization of the energies of its members. With rage my heart cried out. I watched these seekers of Truth and Light reduced to mere puppets. They were not serving God, but serving the one who called himself "God's Servant." They gave freely their love, time, energy and money. I also witnessed sexual seduction of congregation members. In the name of God black was called white. Beware, my friends, all that glitters is not gold.

I have written about the Kundiline fire in a subsequent chapter. This may seem out of context with this subject matter. However, it is important for the Magician to be aware of this beautiful experience in the proper light. From the beginning, I must warn that one could risk both his health and sanity without the mastery of the self-introspection exercises. I have seen similar energy aroused for corrupt and selfish purposes. The unenlightened victim is easily enslaved by one who is capable of stimulating a similar type of energy. Some can accomplish this by a mere touch of the hand. First, this type of energy is not the Kundiline but rather a manipulation of Earth energy. I perceive the objective here is twofold. The energy released from this sexual arousal is necessary to strengthen the guru's power. The second objective is the enslavement of the mind and physical body of the



disciple. this particular type of psychic vampire uses its victim's vital energy to feed his unquenchable thirst. By serving the dark forces, he has been denied the use of the White Light for revitalization.

Let me make one point quite clear. The path of the Black Magician ultimately leads to the loss of Soul. It thereby condemns his spiritual body to the Universal Laws. By the very elemental forces which gave him the power they shall ultimately dissolve his soul with unmerciful justice.

The True Light is power and good will ultimately overcome the evil forces. The sword of Light is our only weapon capable of vanquishing these demonic servants. The metaphor which comes to mind is that of Dracula who, when confronted with the crucifix, must cloak his face and slink back into the darkness. This is the fate of the Black Magician.

### DEVELOPMENT

The discipline of the development exercises becomes discernable in a physical, mental and spiritual metamorphosis. The purpose is to allow a gradual and balanced development of all the Spiritual Senses. Without such development the magic equipoise and further development shall remain unaccessible to the student. Therefore, it is imperative that each exercise be mastered in turn before proceeding further.

The study of Magic requires patience, perseverance and complete dedication. Everything requires time in order to gain maturity. It would be unwise to attempt a hurried development. The Magician shall keep



silent about his studies, advancement and success. This silence will be rewarded with rapid development of Magical Faculties, and obeyed commandments.

The character and temperament of the Magician MUST be transformed. He will become more tolerant, compassionate and understanding of others. Close attention must be paid to the self-introspection exercise. No one will acquire True Magical Faculties without the Transformation of character and temperament!

It is important to keep each aspect of your life separate. Learn to give each of these areas your full concentration. When you begin your work day, give it your full effort and attention. The same applies to family life and Magical development. Utilize your time wisely. This effort will be rewarded by success and a balance in all areas of your life.

### THE ELEMENTS

I will now disclose to my readers one of the missing links to all magical works. In the twenty years of my research and study, there was always a nagging sense of missing links to magical theory and application. Indeed, the books that I have studied have been, for the most part, valid and a source of knowledge. Many books hint at the use of the elements but go no further than just that. I believe that if you are truly a teacher, in Magic or in any other subject of study, you should leave nothing unexplained which is a necessary step in the learning process. I will endeavor to describe in simple terms the principle and practical application of each of the elements. In addition, I will explain clearly Akasha, the principle of Ether. Without the knowledge of these basic truths, a student's understanding of Magic will



be, at best, superficial. Also, any attempted application of Magic will be of limited success.

I would like to stress the LAW OF RETRIBUTION from the very beginning. It is of the utmost importance to the serious student of Magic. The energy which we send out will come back to us THREEFOLD. Therefore, be very careful that you send out only Positive Vibrations and that all works are done for a good purpose. I need not dwell on this any further. Psychic backlash can be devastating at best. "You Reap What You Sow."

#### THE ELEMENT OF FIRE

The first element is that of Fire. The teachers of Eastern religions have given it the name of Tejas. Fire energy manifested itself in all creation. Fire physically relates to the Sun. God's first creation was Light. Each element has two qualities: the positive and the negative.

The qualities of the element of fire are twofold; there is both heat and expansion. To the senses, fire is both hot and dry. It is also electrical in nature.

#### THE ELEMENT OF WATER

Without the water element nothing could exist. However, each of the four elements are dependent on each other. Fire and Water are the basic elements and operate in all realms of existence. The subtle qualities and energy of water from the positive force are those of nourishment and protective life sustainment. To the senses, it feels cold and wet.



Water's basic energy shrinks and contracts. Its properties are magnetic in nature. Apas is the name for the element of water.

### THE ELEMENT OF AIR

The Air element serves as the mediator between the Fire principle and the Water principle. It provides a neutral equilibrium between the active role of Fire and the passive role of Water. From its role as mediator, the element of Air has assumed the quality of dryness from Fire and the quality of humidity from Water. Thus, air feels warm and moist to the senses. Air is, as a result, neutral in nature. The Eastern Indian doctrine gives the name Waju to the Air element.

### THE EARTH ELEMENT

As I have stated before, the elements are all dependent on each other. Out of the first three elements comes the element of Earth. The Earth element is, indeed, a direct result of the combination and solidification of the other three elements. This element is electromagnetic in nature. Earth feels both cold and heavy to the senses. Its Indian name is Prithivi.

### THE FIFTH ELEMENT

It is difficult, if not impossible, to determine whether the Ether principle, or the Akasha, is the fifth element or the first. It can be analogized to this ancient question: "Which came first, the chicken



or the egg?" I shall leave this entirely to your own personal discretion.

The Akasha is easily the most important of the five elements. It is both timeless and spaceless, it is the SPIRIT. The Akasha is the God principle, our SUPERCONSCIOUS, without which our bodies would remain soulless.

### THE BODILY FUNCTIONS OF THE ELEMENTS

If we kept our bodies in perfect balance with the elemental energies, as it was originally planned by God, we would have perfect bodies and perfect health. However, somewhere down the line we were not taught how to use the elements to balance the energies within our physical bodies. The duality concept operates in all things. The elements also have both a positive and a negative effect.

The positive manifestations are as follows: The element of Fire serves as an electrical impulse to build up and activate the body. The Water element will build and activate also. The Air element functions in a positive manner to keep the first two elements in a proper balance. Finally, the Earth element allows the body to thrive and remain strong as it ages.

The negative manifestations of the elements, predictably, have a corresponding detrimental effect upon the physical body. It is essential to maintain the appropriate elemental balance.

The Fire element controls the head. The Air element controls the chest, lungs and all parts involved with respiration. The Water element controls the stomach and all of the liquids within the body. While



the Earth element is assigned the bones and that portion of the body from the sexual organs down, including the legs, its cohesive nature holds the body together. The Akasha controls the spinal cord up and through the crown Chakara. In this manner the spinal cord connects the mental and astral body.

### INTROSPECTION AND SELF-KNOWLEDGE

NO ONE WILL ACQUIRE TRUE MAGICAL FACULTIES WITHOUT THE TRANSFORMATION OF CHARACTER AND TEMPERAMENT. ABSOLUTELY NO ATTEMPT TO WORK WITH SPIRITUAL BEINGS MUST BE MADE WITHOUT COMPLETE DEVELOPMENT OF THE SPIRITUAL SENSES.

The first condition of initiation into Magic is mental training and self-transformation. We must know ourselves even to the minutest detail of faults as well as positive qualities. When this step has been completed, it provides us with the empathy to understand others as well as the Laws of the Universe. Therefore, it stands to reason that unless this is accomplished, higher development will remain quite inaccessible.

Arrange a Soul Diary, "for your eyes only." You must enter into this diary every aspect of the negative and positive qualities of the Soul. No matter how difficult, you must reveal the minutest details of your weaknesses, failures of character and un-God-like actions. This must include all actions past and present. Therefore, you must be merciless unto yourself. Nothing must remain hidden, even the most subtle shades of our frailties must be examined. Whenever some deficiency of character comes to mind, note it immediately. Only after the Soul has been purged in such a manner may a Magical Equilibrium be obtained.



POSITIVE QUALITIES OF THE ELEMENTS

The Fire Element: courage, fortitude, discipline, activity, and faith.

The Air Element: intuitiveness, peace, joy, diligence, and kindness.

The Water Element: forgiveness, modesty, tranquility and graciousness.

The Earth Element: punctuality, endurance, perseverance, dependability, sobriety and stability.

I have listed only a very few of the positive and negative qualities and their element assignment. Listing your character strengths and weaknesses under the appropriate elemental influences will show you any element imbalance of character.

This process of self-transformation is absolutely mandatory in order to create the Magic Equilibrium. Further development cannot be achieved without such intense introspection and self-knowledge. If you choose to proceed without such development, I leave you to your own fate. Karma works absolutely without mercy! It is with great responsibility that I am obligated to bring these words to your attention.

NEGATIVE QUALITIES OF THE ELEMENTS

The Fire Element: jealousy, hate, greed, anger, aggressiveness, possessiveness, stubbornness, the desire for power or control of others, and the Ego.

The Air Element: bragging, gossiping, boasting,



personal conquest, squandering, lying, and selfishness.

The Water Element: laziness, indifference, boredom, instability, shyness, and frigidity.

The Earth Elements greed, unbalanced sexuality, materialism, status and "keeping up with the Jones."

I am talking about the extremities in each behavioral category. We live in a mundane society, therefore, we have every right to the necessities required to sustain ourselves. The conscious awareness of our failures and character weaknesses will truly sweep clean our Souls. However, there must also be some conscientious effort to correct the negative aspects of our Soul.

Through intensive thinking and meditation discover both the negative and positive qualities of your nature. It is suggested that you divide the sheet of paper in half under the respective elements. Use one side for the positive and the other for the negative qualities. Thereby, you will be able to see at a glance which areas need work. Systematically cross off the negative traits which have been eliminated. Add the acquired positive characteristics as they are developed.



EMOTIONAL DETACHMENT

One of the most important aspects of magical development is the ability to maintain emotional tranquility at all times. When we succumb to our emotions, we lose vital power as well as objectivity. All too often, because of our loving and sensitive nature, we take on the insecurities of others. Then we wonder why we are upset, nervous, and frustrated, and our energy level becomes scattered and disoriented. When we allow this to happen, we have great difficulty in solving even simple matters.

The solution is not as difficult as one might expect. I do not advocate that we become unfeeling, insensitive, or unkind. By accepting the insecurities of others, we decrease their opportunities for personal growth and development. With love and compassion, we must consciously refuse to accept their burden. The next step is to make an unbiased decision on how we may help this person solve his own problem, if he has chosen to solve it at this time.

Most often the problems occur within relationships such as husband, wife, children, and close friendships. Opposites are attracted to each other and you will find that they unconsciously seek out those who have strength where they have a weakness in their own character. Therefore, it seems quite natural to dump these weaknesses upon the stronger partner. Because we love them it does seem to be our duty to accept the burden. Wrong! I feel that a lot of re-programming is called for in this area.

In the hundreds of spiritual councilings that I have done, I have seen this problem over and over again. The situation takes on the aspect of brain-



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washing. The person with the weakness insists over and over again that the reason for the problem is, indeed, the fault of the other. When this has been repeatedly programmed over a period of time, we accept the problem as our OWN shortcoming.

This is one reason that I place such emphasis upon the Magic Soul Diary. It is imperative to know yourself and your own character weaknesses. When we become aware of our own weaknesses of character it is a simple matter to separate real problem areas from those imposed upon us by those of lesser vibrations.

The true secret is quite simple. Learn to assume the position of a completely uninvolved spectator. Look at any and all problems in this detached manner. You will then find that even the most complex matters are easily solved.



FOOD FOR THOUGHTFUL CONSIDERATION

During the course of these writings, I began teaching a Magical Development class. I had vigorously resisted the aspect of teaching a class for many months. The personal reward of observing the personal development of my students transcended my highest expectations. I would like to take this opportunity to thank each and every person in my class for their enthusiastic support of the class and this book.

The inspiring essay which follows was written by "Geoff Beenze", one of my favorite students. In this essay, he aptly presents many additional considerations regarding the Self-Introspection exercise.

"For God so loved the world that he gave his only begotten Son that whoever believed in Him should not perish, but have everlasting life...." (John 3:16)

And the only begotten son of God IS Man. From God and of God. Within each man lies the wisdom, the love, the kindness, and the goodness of God. It remains only for man to look within to find these qualities. So often the search for peace and happiness takes place in the external realm, as the search for the grail, or an agency from without, when in reality the answers have been available to the searcher all the while. This poor unfortunate soul is and has been searching in the wrong places all the while. The answers, the goals, the peace of mind all lie within.

Somewhere in our growth, man has come to look for the solutions to his problems from sources other than himself. In this process, man has lost some of his Godliness, simply in the fact that he has forgotten his origins. He has forgotten his great heritage and



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the virtues and qualities that are inherent portions of the makeup of man.

Too often men are content to sit and tell themselves "God will provide..." without making any effort to help solve or overcome the problems they face. God, as Administrator of Creation, certainly has many more pressing duties than to look out for those of us who haven't enough motivation to even lift a finger to get themselves out of the jams of their own doing. Most certainly, however, if God sees that one is actively working to solve the problems and hardships we all face every day of our lives, He will find the time to give a helping hand. To ignore and waste the only talents given to us should surely do nothing more than anger God. Honest effort and seeking of solutions, even if completely unsuccessful, must count in the favor of the one making the effort.

If then, the goal is emulating qualities of God, how would one go about achieving this?

Understanding the creation of men in God's image, and God's great love for man, it would seem natural that Godly traits would be latent within the personality of man. To achieve these traits, man must look deeply within himself. The rewards for this inner knowledge are great but, as in any endeavor, the energy and effort (not the same) required are great and must be sought after with faith, devotion, and fearlessness.

Unfortunately, men in today's world seem to think all things should come to them without effort and pain. Again, there is reliance on the outside agency, or the Tooth Fairy.

Inspection of self reveals all the fears,



ambitions, shortcomings, and weaknesses we manage to ignore in our everyday existence. The delusion of goodness and stability is easy to maintain by the simple agency of intentional blindness of self. However, the inner self will assert its desires, causing confusion and pain. By understanding and the coming to terms with this inner self, the real person, we are better able to deal with the world and the people around us. We are better able to understand our actions, and through this knowledge of our own weaknesses, thoughts, fears and desires, we are better able to understand the motivations of people around us.

This understanding is virtually impossible without a clear understanding of our own motivations.

While engaging in this inspection of the mind, one should hopefully find some things of value. Each of us DOES have strengths and abilities that should not be ignored. A balance must be achieved and the good points of self must be taken into consideration while evaluating the negative. With the recognition of the positive, these traits can be developed and brought to the forefront. By accenting the strong points, a more dynamic personality will develop.

Without a complete inventory of my inner riches, I am not prepared to give any of this away. Without this listing, I am also unprepared to receive any gifts which might be given to me.

The one major attribute of God, and the only thing of real value that can be given by man, is love. all other things of value are an offshoot or subclass of love. God has told us that we "shall love your neighbor as yourselves." Thus, God has set forth as a basic doctrine that we must have this inner knowledge



and care of self as the starting point for giving, and loving the people around us. Conversely, the only real sin is knowingly hurting another. All other sins are, again, an offshoot of this one thing. That is not to say that the listing of other sins is not valid, but rather that they are a function of this first and most important sin. The ability to love and give do not imply perfection on the part of the individual, as the true giving of love is very difficult and is a learned process.

It is easy to spend time on this effort without ever having a method of measuring the success of one's efforts. The job seems never to be done, with no visible sign of having accomplished the goals. A simple method would be to ask "Have I hurt anyone?" In every case there will be some yesses, and the goal should be to reduce this number simply by being more aware of how one is acting and dealing with the people around him.

Hurting another is, unfortunately, a very easy thing to do, but can often be avoided simply by looking very closely at the reasons for one's actions in a relationship before deciding or making a commitment. All too often, the commitment is made before the reasons are fully understood. Then when the novelty and excitement wear off, the hurt begins. Most of the people today seem to think that love is some form of "Magic," an event that doesn't require effort. Loving is probably one of the most strenuous undertakings one can ever encounter, and like anything else, the work and effort involved are tremendous, but the rewards are also tremendous.

Too often people tend to make demands of love, thinking that there should be some return for their input. This attitude generally leads to a great deal of



disappointment and pain. Over and over again, people set forth standards that they must have for love. "My lover must be...." tall, short, thin, blond, etc., etc. This attitude leads them on a quest that may be never-ending. In this set of standards, a new requirement always seems to show up. "If only I had this...[one more thing], then I would be happy." Loving becomes much easier when you learn to look past the outside, look deep, seek the soul, and live with the human frailties and faults that we all have. Again, this is only possible if one has the understanding of his own failings and strengths. Beauty most often shows as an outward attribute, something to be seen and looked at. However, real beauty rarely shows on the outside. It is a thing found deep within. This sort of beauty can overcome many handicaps. Surely this thing is resident in the souls of all men, yet sadly, very few have found it, and even fewer have learned how to live with this beauty and let it show through to the people around them.

On the whole, the world seems to view love as they would a job. Some compensation must be returned for the value given. However, love under these rules becomes worthless. For love to exist and be of value, it must be freely given, without conditions and stipulations. Love accepts the other AS HE/SHE IS, without requiring or seeking changes to suit the giver. Changes made to suit the giver never work, but usually serve only to diminish love on both sides.

Frequently needed changes are not apparent and the lover should guide the loved one to this knowledge. But the effecting of these changes should only be made by and for the person when it is time for him to make the changes. They must be right for the individual, in his own time, and for his own reasons. Changes should never be made to retain or secure love.



Love freely given will last. Love given conditionally is nothing more than a burden to both parties.

As at this point a relatively few people have learned to give love in this manner, it is interesting to observe the effects of this giving on those who haven't yet gained the understanding of real love. Most often they are unable to understand how anyone can be willing to give when the favor isn't returned. The situation causes them to become very nervous and the general reaction is one of anger toward the giver of this unselfish love. These unenlightened souls are not able to understand how anyone else can give freely because they themselves are unable to do so.

One of the more confusing factors in this enlightenment of self, and the corresponding acceptance of others, falls into the area of judgment. As one's awareness grows, he becomes very wary of passing judgment. Unfortunately, it becomes necessary to be able to see behavior that does not fit with the individual's awakened behavior pattern and life's course and, in doing so, judgment IS made. I continually find that I must make this sort of judgment in order to avoid believing or behaving in a manner that I find to be contrary to my knowledge of self. However, in making these judgments, I have also broken one of the more important aspects of the very thing I seek to achieve.

The only softening of this failure is in the fact that, even while making these judgments, no condemnation is made, but simply the note that the observed methods do not work for me. I gladly concede that these (to me) offensive actions may be necessary to the growth of the individual performing them.



At this point I find myself falling into the very trap I try to avoid, in that I find the need to make a judgmental observation. I too often find that most of the people around me are all too willing to give me their version of "what is right." Unfortunately, each one is sure that what they believe is the only truth and, in so believing, they have not allowed for the possibility of being wrong, or even allowed for the beliefs of others. Along with this, most seem to feel the need to force me to follow their path, even if it is not the right path for me.

I choose to follow the path of my own choosing, that I find right for me. I do not try to have others follow me, unless it is right for them. I will talk to them about the course of my life; I will explain why I feel and act and believe as I do, but I will not try to bring them about to the "right path."

I do not feel the need to preach and advertise my faith, for I feel that if this faith is of value, and if I am indeed living this path as it was intended to be lived, it will show in my actions and in my dealings with other people.



CHARGING YOUR CHAKARA CENTERS

The following exercise should be performed daily. I like to do this exercise in the morning when I first awaken. It seems to give me the added energy I need during the day. Always perform before doing any Rituals or Ceremonies.

Close your eyes and visualize the purest and brightest ray of White Light shining down on you from above.

This Light comes from God, or if you will, the Creative Source. Feel its warmth and peace. Let your body relax and bask in its radiant glory. Feel the comfort of its peace and protection.

Now, visualize this pure and wonderful Light moving around to the back of your body. Gently direct and focus the Light downward along your spinal cord to the base of the spine. This is the root center and its color is red. Now, feel and see the red root center. Visualize it in your mind as a vivid disc of red, encompassing the entire center. Feel and see it growing, swirling until the center is fully charged and totally free of all negativity. This center deals with passion, aggressive works, and Earth energy.

Next, direct the Light upward along your spine to the spleen center which is halfway between the base of the spine and the ribs. The color associated with this center is orange. Feel this beautiful warm color growing, swirling and washing away all negativity while becoming fully charged with positive vibrations. Then, move the Light onward and upward to the solar plexus. This center is located at the base of your rib section. Its color is yellow. See this color as a



beautiful clear yellow. Repeat the growing, swirling exercise until this center becomes fully charged with positive vibrations. This is a very important area as it deals with perception, wisdom, and understanding. This area of the body is assigned to the Water element.

The next center is the Heart Chakara and the color assigned is that of green. Take great care to charge it fully as this center deals with the aspects of love and abundance. See this beautiful emerald green color growing, swirling until all negativity disappears, leaving only positive vibrations. The element of Air is assigned to the chest portion of the body.

When you are fully satisfied with the charging of the Heart Chakara, proceed to the throat or Thorax Chakara. The color association is that of an electric blue. Continue the cleansing and charging exercise until this area, also, is fully charged with positive vibrations. This Chakara controls peace, harmony, and communications. Psychic development is greatly influenced by this center. It is controlled by the element of Air.

Next, move the light to the area of the temple and visualize this center in indigo (a deep purple). See and feel this spiritually inspiring color and continue the charging process. This is an area of great importance as it is, indeed, the center of spiritual and psychic awareness. You should instruct this center to be open only to the higher Spiritual Truths. The elemental assignment is that of the Fire element.

The last of the seven centers is the Crown Chakara. This center is located at the very top



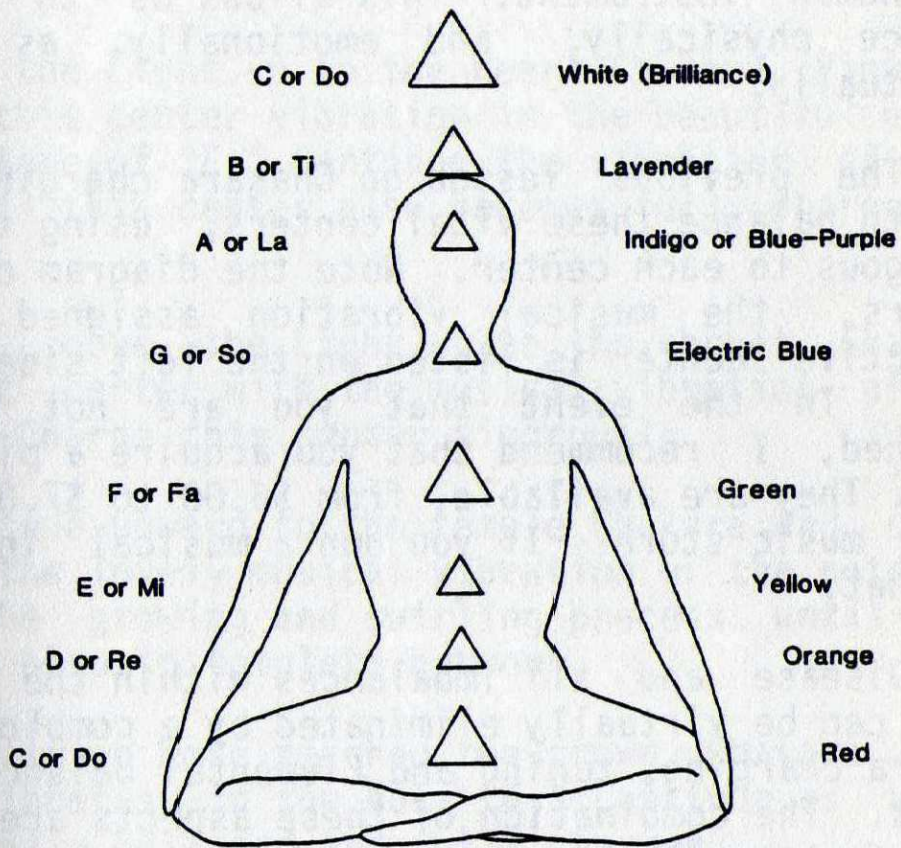
portion of the head, commonly known as the baby's soft spot. The color here is a clear or pastel lavender. Visualize this beautiful energy expanding and growing in a beautiful disc of energy. Charge this center well as it is, indeed, our spiritual self. This center is controlled by the fifth element, that of the Akasha.

After you have completed the recharging exercise on your crown Chakara, there is one very important step left. Now we will begin to construct our Psychic Shield. Visualize the intense ray of the White Light hesitating at the top of your head. Send it now in all its brilliance and glory to encompass your entire body. Ask it, at this time, to protect you from all harm, negativity, and disruptive energies that may be tossed your direction during the day. You have now set up your Psychic Shield.

Never, never begin any ritual work or mind-expanding exercise without this protection. Any and all mind-expanding exercises may open your aura to some mighty unwelcome energies or entities.



## CHAKARA CENTERS





TUNING THE PHYSICAL BODY

The Universe, as well as everything therein, operates in perfect harmony and rhythm. The physical body is no exception. In order to create harmony within the physical body, we must learn how to tune the human instrument. This allows us to create a balance physically, and emotionally, as well as spiritually.

The previous lesson on Chakara charging showed how to balance these vital centers, using the color analogous to each center. Note the diagram of Chakara centers, the musical vibration assigned to each respective center is listed on the left side of the page. In the event that you are not musically inclined, I recommend that you acquire a pitch pipe #440A. They are available, from \$6.00 to \$7.00, at any local music store. If you own a musical instrument, use that.

Disease and all imbalances within the physical body can be virtually eliminated by a combination of Chakara charging, tuning and Elemental balancing techniques. The combination of these aspects are the key to perfect health.

Let us begin to tune the human instrument. Take the pitch pipe, or chosen instrument, and start as before with the Root Chakara. Focus the White Light on this center and play middle "C." Close your eyes and feel this note vibrating and swirling through this center. Continue the vibration until this center virtually tingles with this musical vibration.

Gently move the Light upward along the spine to the spleen center and play the note "D." Fill this



center with the energy of that beautiful tone vibration. Continue until you feel this center has become fully charged with this tone vibration.

Upward again and bring the Light to rest on the solar plexus center. This center vibrates in the note of "E." Charge this center fully with the vibration of this note.

Move the Light up to the Heart Chakara. Visualize and feel this center vibration in the beautiful energy of the tone of "F." Continue the vibration of this note until this center also becomes fully charged and balanced.

Next, move the Light up to the throat Chakara. Fill that center with the musical vibration of the note "G." Charge this center vigorously.

Continue upward to the temple Chakara and charge it with the lovely musical vibration of the note "A." Repeat the growing and swirling process until this center is also in complete harmony.

Finally we have reached the crown Chakara. This center vibrates in the note "B." Continue as before until totally balanced and fully charged.

To conclude, move the Light upward and center it over the portion just above the crown Chakara. This relates to the Akasha. Fill this area with the beautiful musical vibration of high "C." continue the vibration of the "C" note and finalize the process by construction of your Psychic Shield. This will prove quite successful in sealing your sound Aura against vibrations which could throw the centers out of tune.



The two exercises should be done individually at first. After they have been mastered singly, you will find it quite simple to combine the color and sound techniques simultaneously.

### PRACTICAL APPLICATION OF THE ENERGY OF THE ELEMENTS

Daily meditations and charging of the Chakara centers are of extreme importance to the serious student. Mental discipline and the strengthening of the Will is, of course, the prime objective. We must build our faith in our Will, or mental ability, to the point that there cannot be even the slightest doubt that, as we say, "so it is."

Beginning exercises utilizing the energy of the Elements are quite simple. However, the student must practice until each of the Element's energy can be recalled instantly and with great ease.

### SENSORY FEEL AND QUALITIES OF THE ELEMENTS

FIRE: Fire energy feels hot and dry. It has an expansive energy. It is also electrical in nature. The color associated with Fire is that of a reddish-orange. The aspects of Fire are those of creation, absolute authority, or Will and control. This energy controls the head portion of the physical body.

WATER: Water energy feels cold and damp. It has been endowed with electrical, as well as magnetic, energy. This energy has a floating sensation. The color association is that of a blue-green or aqua. It is assigned to the bodily functions of the digestive organs as well as all the liquid substances within the body.

*Aqua*



SK 9 Blue

MAGIC & MUSIC

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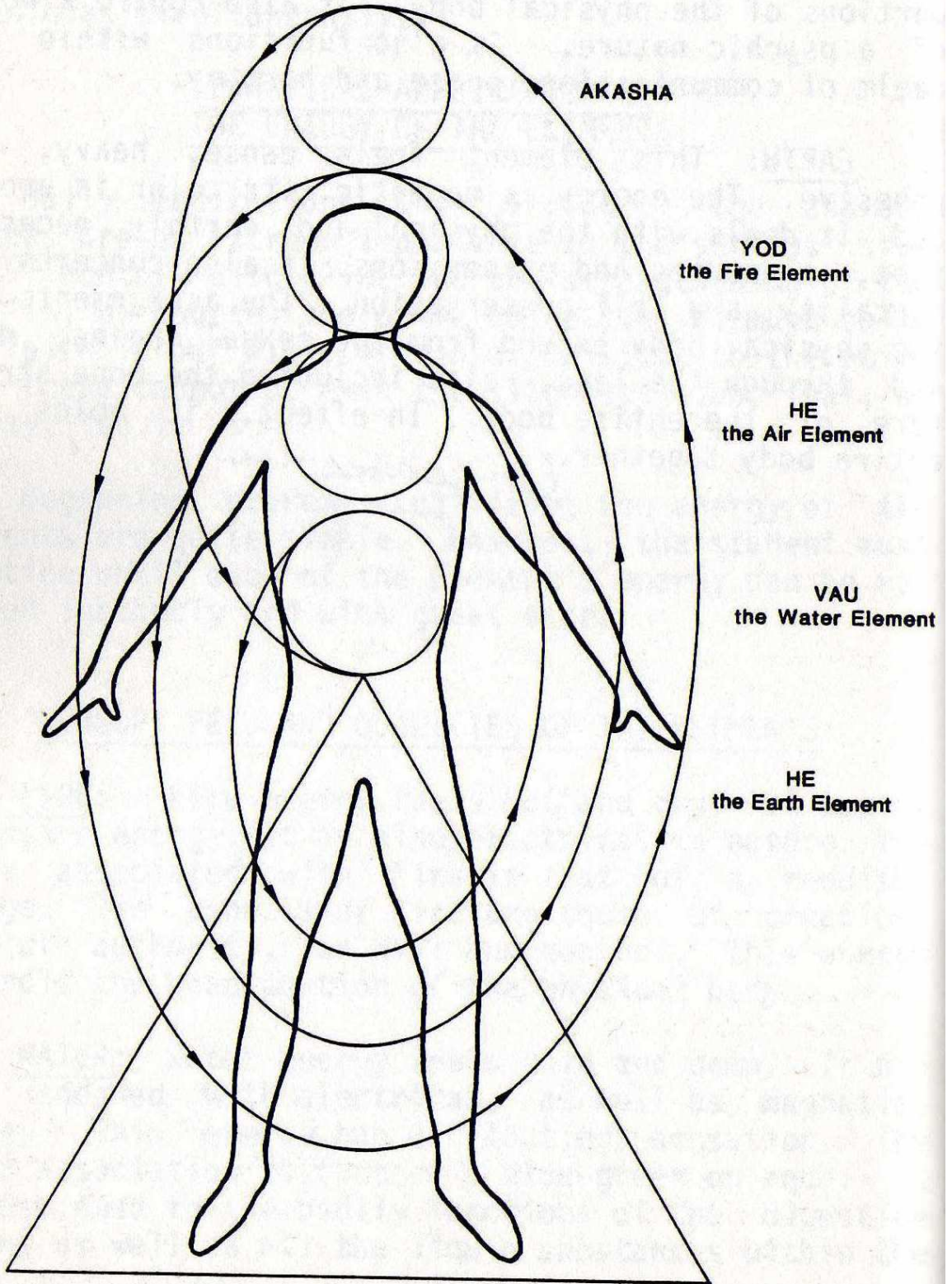
AIR: The element of Air feels light, warm and moist. The color is of a crystal clear blue. The element of Air works on the throat, chest, and lung portions of the physical body. It also controls works of a psychic nature. It also functions within the realm of communication, peace and harmony.

EARTH: This element feels dense, heavy, and cohesive. The energy is magnetic. Its color is brown, and it deals with the physical and earthly necessities, pleasures and possessions. It also concerns immortality and self-preservation. The assignments in the physical body extend from the sexual organs, down and through the legs, also including the bone structure of the entire body. In effect, it holds the entire body together.

*(or earth green  
forest green)*



ELEMENTAL ASSIGNMENTS TO THE BODY





THE TECHNIQUE OF ELEMENT ENERGY BREATHING

Begin this exercise by drawing the Light and charging the Chakara centers. Finally, construct your Psychic Shield and put yourself into a meditative state. See yourself floating and free from all negativity, doubt and fear. Feel the positive vibrations and the ability to accomplish anything that you so will.

Visualize the energy of the element that you wish to utilize. If it be that of Fire see and feel yourself as the center of a firey ball of energy. Begin to breath this energy into your body through the nostrils and even into the pores of the entire body. Carefully count each breath of energy ingested. Feel your body becoming increasingly warmer and warmer with each breath. Visualize the Fire energy being inhaled and remaining within the body. See the exhaled breath (from the mouth) as ordinary air. Continue drawing this energy into your body until you feel quite hot. Hold the energy inside the body. With each successive breath condense and compress the Fire energy within the body. However, should you feel any discomfort during the exercise, stop immediately.

Elemental breathing has to be done in a gradual manner. In the beginning start with 7 to 10 breaths. Eventually you will be able to continue this exercise for ten minutes or so.

Return the accumulated energy to the Universe in the following manner. You brought the energy into the body through the nostrils. It shall be returned by exhaling through the mouth. Think of each breath inhaled through the nose being that of fresh air. Concentrate on the exhaled breath returning the Fire



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energy back to the Universe. During the process of energy accumulation if you breathed in 10 or 20 breaths of the energy, be sure that you return the same amount of breaths of energy. You must be quite certain not to leave any of the accumulated energy in the body. This would be certain to create disharmony and imbalance in the physical body. Eventually, after the body becomes accustomed to the ingestion of the various energies, you will be able to expel this energy all at once back into the Universe in an explosive manner through the mouth or the solar plexus.

Continue, exactly in the same manner, to practice with each elemental energy. Take into consideration the qualities, color and sensory feel of each, respectively.



### MEDITATION

Proper meditation techniques are essential in order to obtain a balanced magical equilibrium. The purpose, quite simply, is control of mental activity in order to achieve mental discrimination. One can never expect to control the powers that be, until he has mastered control over his own thought processes. Therefore, it is imperative to master the following exercises. Developed concentration activates our natural intuition.

In the beginning, I suggest that you set aside a particular place for meditation. For instance, a favorite chair where you feel comfortable. A great variety of meditation tapes are available and I recommend their relaxing vibrations. Incense is very conducive to creating a relaxing atmosphere. Remove your shoes and loosen any restrictive clothing.

Meditation positions vary widely from the traditional yoga position with the hands carefully placed on the knees, palms up, to simple reclining positions. I suggest strongly that you do whatever you personally feel most comfortable doing. However, I wish to warn against falling asleep. If intense drowsiness is experienced, stop the meditation immediately. Resume at a time when you feel more rested.

The meditation should begin with some deep breathing exercises. Breath in and hold the breath to the count of five. Breath out and hold again to a five count. Continue the breathing exercise four or five times or until a relaxed state of mind and body is accomplished.



The next step is to charge the Chakara centers as previously described. Also, remember to set up your Psychic Shield. When this has been completed begin the following meditation exercises.

These exercises may be practiced as often as desired. They must be done at least once a day until you feel certain that the one at hand has been mastered. Many of my readers will already be trained in some aspects of meditation. Those of you with some basic training will require less time for complete mastery. However, do not skip any exercise.

A Magical Diary is an absolute necessity. Each exercise must be entered therein, as well as notes pertaining to relevant success or failures. This will enable you to clearly see how your development is progressing.

#### FIRST MEDITATION

Assume a comfortable meditation position. I reiterate once again, the first step is to use the Chakara cleansing and protection exercise. When this has been completed begin the first meditation.

For approximately five minutes assume the guise of a spectator of your thoughts. Pay close attention to any and all thoughts which flit through your mind during this period. Do not consciously create thoughts about any particular area. Let the thoughts flow freely and uninhibited. After you have mastered this meditation, go on to the next.

#### SECOND MEDITATION

This meditation shall prove more difficult than the prior one. The purpose of this meditation is to



hold one single thought for ten minutes. At first, this will be difficult and may only be accomplished for a moment or two. You must continually force out any other thoughts. When you have successfully accomplished this exercise, you may go on to the third meditation.

### THIRD MEDITATION

The greatest challenge by far is the third meditation. During this meditation, you must maintain a vacancy of mind for ten minutes. You must firmly reject all thoughts which intrude. This exercise strengthens the will. Remember to enter all successes as well as failures into your log.

### THE MAGICAL BREATHING TECHNIQUE

From the beginning, I must stress the importance of Magic Breathing techniques. There are two types of dynamic breaths. The first is quadrapolar. This method derives from the Quabbalistic name for God, YOD HE VAU HE. Each part of His Name is associated with a color, element and a particular Chakara center.

YOD - The Fire Element - red/orange-the Temple Chakara

HE - The Air Element - crystal clear blue - the Thorax Chakara/Throat and lungs

VAU - The Water Element - blue/green color - the Solar Plexus and Stomach

HE - The Earth Element - warm brown color - the Root Chakara/sexual organs and legs



Utilize the quadrapolar technique in the following manner. Concentrate on the centers one at a time. Fill each center with all of the described characteristics. Feel each center expanding as you breathe in. With each consecutive breath, feel those centers expanding more and more each time. Fill each portion of the body assigned to the respective element completely. (Refer to the chart of elemental body assignments.)

*red-orange*  
 Start with the temple Chakara. Say the YOD and breathe in slowly. Feel the energy and color of the Fire element. With each consecutive breath feel its warmth increasing. You must be able to visualize and feel the energy of the element and its color simultaneously. In this exercise, we are not holding the elemental energy inside the body. Breathe the energy in through the nose and with the exhaled breath send it back to the Universe from the mouth. Repeat the inhaling and exhaling three times for each center.

*see Temple = Blue*  
 Next, say the HE (pronounced hey) and concentrate on the throat Chakara. Don't forget to also fill the lungs with the energy. Repeat as before, only feeling the floating sensation and envision the beautiful blue association with the Air element. Feel its warm moist quality. Feel this center coming alive and expanding with each breath.

*Blue-sue*  
 Concentrate on the VAU and the stomach region of the body. Feel this center taking in the qualities of the Water element. Feel its coldness and magnetic energy. Let your body soak up its positive energy.

*green*  
 Finally, visualize the root Chakara, including the legs being embraced with the Earth's invigoration energy. Say the HE and feel this center growing and expanding with the vibrations.



Upon reaching the Root Chakara, repeat the exercise exactly as before. However, this time start at the Root Chakara and work upward.

This exercise is extremely effective using the single thought meditation. A desire, healing or any other wish is volted directly into the Universe. Manifestation is sometimes instantaneous. Karmic restrictions must be observed in all works of Magic. Divine Providence gives us the liberty to work only within the Universal Laws. However, despite all our freedom, we are allowed to do nothing which interferes with Karma.

Remember to log the desire in your Magic Diary and document the time between thought and manifestation.

The process of air impregnation works in a very natural manner. I shall explain this principle in detail. When we impregnate the air we inhale with a thought or idea the following transpires. The thought or desire is conveyed by the electric and magnetic fluids to the air substances. The now impregnated air enters the body and is passed to the lungs through the blood. It is then transferred from the blood stream to the Astral Matrix. Then, it is carried from the Astral to the Immortal Spirit via the mental matrix.

The utilization of this exercise allows for accelerated development of the psychic facilities.

In order to avoid any damage to the health, it is recommended that you build up the time devoted to this exercise in a gradual manner. It is important to attain complete relaxation. Keep in mind that the most important thing is not the quantity but the quality.



The second dynamic breath is Tetrapolar. The Tetrapolar breathing technique is accomplished in exactly the same manner as the Quadrapolar. The only difference is that it incorporates the Akasha element. Since this technique is very advanced, it shall be taught in my next book, "Tone Magic."

### ROOM-CHARGING TECHNIQUE

Utilizing the Magical impregnation of air, you can charge an entire room with a specific desire or quality. The following method allows you to tap directly into the Universal Power Source.

The right side of the body is electric in nature. The left side is magnetic. However, if you happen to be left-handed, the opposite will apply. The position which accomplishes the greatest accumulation of power is the Star position (see the illustration entitled Star Position, on page 122).

Carefully reflect upon which qualities would be the most desirable for the chosen room. You may desire a relaxing vibration for the living room, a peaceful and loving vibration for the bedroom and an active mental vibration for the study. A protective shield may be set up around the home to guard against burglary, fires and so forth.

In a room with a fresh air source, place your body in the star position as follows: The feet should be at least eighteen inches apart with the right arm raised to the heavens palm upward. The left arm shall be down along the side with the hand tightly clenched. (This prevents the accumulated energy from escaping.) Tilt the head slightly backward and begin

STAR POSTURE - Pg 122



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to chant AUM, AUM, AUM over and over again. Feel the powerful energy of the Universe flowing into the body. Feel this energy growing and expanding within the body. Actually pump your aura full of this powerful energy. Compress and hold the accumulated energy, feeling your aura growing larger, stronger and stronger. When the body and aura field seems to be bursting with energy vigorously impregnate the desire or suitable vibration into the injected energy. Next, raise your left arm to shoulder level while bringing the right arm down alongside the body. This time clench the right hand. Breathe in deeply through the nostrils. Point the left hand straight out at shoulder level. Open the left hand and point the fingers straight out, making a smooth line with the arm. The palm should be downward. Exhale through the mouth. Feel the impregnated energy flowing from your body through the tips of your fingers. Feel the impregnated energy continuously fill the room with the desired vibration with each exhaled breath. Consciously impregnate every molecule of space. You will probably experience a tingling sensation at the tips of your fingers as the impregnated energy rushes out to do your bidding.

At this point, you may wish to instruct the energy to remain within the room for a designated period of time. However, if this should be the case, you must give precise instructions that at the end of the allotted time period the energy must return to the Universal source from which it came. Energy is extremely powerful. It must not be cast out or allowed to wander about without direction. Serious mischief would ultimately be the result.

If you should want to change the vibration at any time, you may. The process is exactly the same. Instead of pulling the Universal energy into your body



through the raised right hand, pull the impregnated energy from the room back into your body. When this has been accomplished, volt it back to the Universal source from the left hand.

Never move from your house or apartment without removing any and all vibrations. Take great care to completely remove any impregnated energy.

### WORKING ON THE PHYSICAL PLANE

The physical plane is bound by space and time. It is the plane of physical manifestation of ideas which originate from the other three planes. The Earth element plays a very important part on this plane of operation. Its mysteries should be well explored by the Magician.

### WORKING ON THE ASTRAL PLANE

The astral plane is timeless and spaceless. Knowledge may be gained there of all things which are of the past, present, and future. Those who have departed from this physical existence may be contacted there.

The elements may be mastered on this plane. The Magician may gain great knowledge by exploring the realm of the elements. They are the Salamanders of Fire, the Sylphs of the Air, the Nymphs of Water, and the Gnomes of the Earth. Great assistance may be gained by the control and utilization of the energies of the elements.

The lower Astral plane is also the home of many detrimental entities. The Black Magician utilizes the energy of many recklessly created thoughtforms from



this sphere. These thoughtforms kindle the grossly negative passions slumbering in man's nature. There are many dangers here. I reiterate that complete self-knowledge and introspection is imperative before attempting any works with Spirit.

#### WORKING ON THE MENTAL PLANE

The mental plane is the world of ideas. It is both timeless and spaceless. It belongs to the Spirit. Therefore, it originates from the Akasha. All ideas which are transmitted to the consciousness of the material body, or mind, come from the subtlest form of the Akasha.

The mental and spiritual maturity of the individual directly affects the quality of these ideas or thoughts. Ideas of past, present, and future may be tapped on this plane.

This sphere is also the realm of thoughtform operation. I am speaking of those thoughtforms created both consciously and unconsciously by man through intense thinking. This is also the realm of those deceased whose Astral bodies have been dissolved by the elements.

The amount of time that is required for one to be conscious of the relevant thought or idea varies. It may be slower or faster, according to the person's Spiritual and Mental Maturity.

#### WORKING ON THE AKASHA PLANE

The Akasha plane is the higher level of the Astral plane. The origin of all existence, light,



life, sound, color, and rhythm began here. This plane is the creative realm. It is also the highest plane of Spiritual Maturity. Our degree of Spiritual Maturity developed in this lifetime does determine our station in the life hereafter.

### THE REALM OF CREATION (THOUGHTFORMS)

Of great interest for me has been the mystical photographs of old Magicians of ancient times. Each appears in flowing robes and always hold a sphere in his outstretched left palm. this sphere is the basis for the next stage of our magical development. It is the realm of creation.

Although these spheres have been called by many names, I shall call them Thoughtforms. Thoughtforms, or energy balls, are created by the Magician through intense meditation. One purpose or assigned duty is given to each thoughtform to be fulfilled during its designated life span. I shall emphasize here that one and only one task may be assigned to each thoughtform created. Our Magic Diary comes into play here. We must carefully make appropriate notes in the log book concerning all facts and relevant aspects of the thoughtform. For example, we list the date of birth, assigned duty, given name and so forth. As we are, in fact, playing the role of God in creation, there are several safeguards to be considered to avoid serious mischief to the Magician.

I will explain the procedures and characteristics necessary for the creation of a thoughtform.



1. Exact time and date of birth. Be sure to log this information.
2. Given name by which it shall be called. I might note that this name shall be kept secret and known only to the Magician.
3. Mission or purpose to be fulfilled during its assigned life span.
4. Time limit for full manifestation of the desired purpose.
5. A special place shall be selected where the thoughtform shall dwell. This should be known only to the Magician and kept well hidden from curious eyes. For instance, it could be a shelf inside your personal closet or perhaps a place behind your favorite painting.
6. The desired elemental energy.
7. The appropriate color corresponding to the selected element.
8. Quabbalistic musical notes assigned to the elemental energy.
9. Plane, or planes, of existence on which the thoughtform is to perform its assigned duty.
10. Exact date and time of the thoughtform's death or, if you will, its return to the Universal Energy from whence it came.

The creation of thoughtforms is, indeed, a serious undertaking and must never be attempted in a haphazard manner. Thoughtforms are equipped with a



natural self-preservation instinct. The soft-hearted Magician may be tempted to succumb to the pleas of the thoughtform asking that its life be extended beyond the life span determined by the Magician at the time of its creation. If this be the case, the Magician must firmly deny the request and set about to immediately destroy the thoughtform. Great harm will irrevocably befall the Magician in the event that the thoughtform should win control.

I realize that this may seem to be quite a complicated procedure. It is, however, a truly simple formula. An action plan, as with all Magical endeavors, is necessary. This requires only some forethought about characteristics which are necessary for the thoughtform to manifest. List for yourself the desired qualities and characteristics necessary for the end result. Meditation is extremely valuable here. Reflect on the purpose, plane of existence, and operation along with all the other considerations. A well planned thoughtform is a valuable Magical helper.

Proceed with your action plan in full view. Then load your thoughtform as follows: Call upon the Universal Light to be channeled through your Crown Chakara. Direct the Light down the right arm and through the right palm. The right hand is the sending hand and the left is the receiving hand. Bearing in mind that the opposite is true with left-handed persons.

Bring your two palms close together and begin to roll the energy into a ball. This is similar to kneading dough or clay into a ball. Continue the patting, rolling, and shaping until you feel the intensity of the energy expanding and it feels quite rigid. When you are satisfied with the energy of the



ball, begin to load the thoughtform with the desired characteristics.

The thoughtform has been given life and purpose by the Magician. When the thoughtform has been completed, send it merrily on its way to fulfill its mission. Log all of the appropriate information in your Magical Diary and dismiss it entirely from your mind.

Thoughtforms may need an occasional recharging. You may use your own discretion with this or simply instruct the thoughtform to inform you when revitalization is required.

These magical helpers may be assigned innumerable functions. For instance, one may be created to protect your home, health, another to increase your wealth, another to aid in psychic development, or to guard your home, your family, and for thousands of other purposes. You might even make thoughtforms for the use of others.

One last note on thoughtforms: If it is your wish, they may be destroyed immediately by spelling the name of the thoughtform backwards three times. Be sure, however, to also send it back to the Universal Light.



SPIRITUAL COMMUNICATION

In order to effectively communicate with the powers that be, we must first develop the clairaudience faculty. A year before the beginning of this book, I was given an appropriate tool for this purpose, the "Mystical Pendulum" board (see the diagram following this chapter). The board may be obtained from the author, or you may draw a replica yourself. However, if you choose to draw a replica, color it in exactly the following manner.

The alphabet and numerical portions must be lavender, as well as the triangle and pentagram. Fill in the inside portions of the first circle with a crystal clear blue color. The second circle must be a good clear yellow. The four outer circles shall also be clear blue and yellow, corresponding with those containing the triangle and pentagram. The elemental signals must be as follows:

|       |                      |
|-------|----------------------|
| Fire  | a reddish orange     |
| Air   | a crystal clear blue |
| Water | a blue-green         |
| Earth | a warm golden brown. |

The background must either remain white or a pale golden color.

Either obtain a crystal pendulum or fashion one yourself. It does not need to be anything of an extravagant nature. A personal ring will suffice. Take the ring and attach it to a piece of sewing or knitting yarn approximately twelve inches in length. Double the thread and tie a knot in the open ends. This will result in a six-inch length. Without using



the board, use the following process in order to determine the most responsive pendulum length.

Hold the thread or chain between the thumb and forefinger, starting at the base, or closest to the pendulum, and gradually work upward an inch or two at a time. The most responsive length will normally be somewhere between three and four inches above the selected pendulum.

Begin by asking the pendulum to give you a direction for a "yes" answer. The pendulum will begin to swing, usually back and forth or a crossways direction (north and south or east and west). Continue with a "yes" and "no" question while varying the length of the chain. The position where you obtain the highest arc of swing will be your most responsive length. When this has been established, you may turn your attention to using it with the board.

#### DIRECTIONS FOR BOARD USE

1. Rest your elbow comfortably on the table. Hold the pendulum at the previously determined length. Hold the pendulum slightly above the area of the semi-circle that you wish to use.
2. Relax and concentrate upon the question you wish to have answered. Remember you must clear your mind of all other matters.
3. Within a short period of time, the pendulum will begin to swing and will normally pass over each consecutive letter or number once. When the pendulum makes several passes over a particular letter or number make a note of this. It is a portion of your message.



4. Occasionally, the pendulum may appear to stick on a letter or number. If this happens, simply say "next, please." Also, if you sense that you have missed a letter or number, simply ask the pendulum to please repeat that portion of the message.

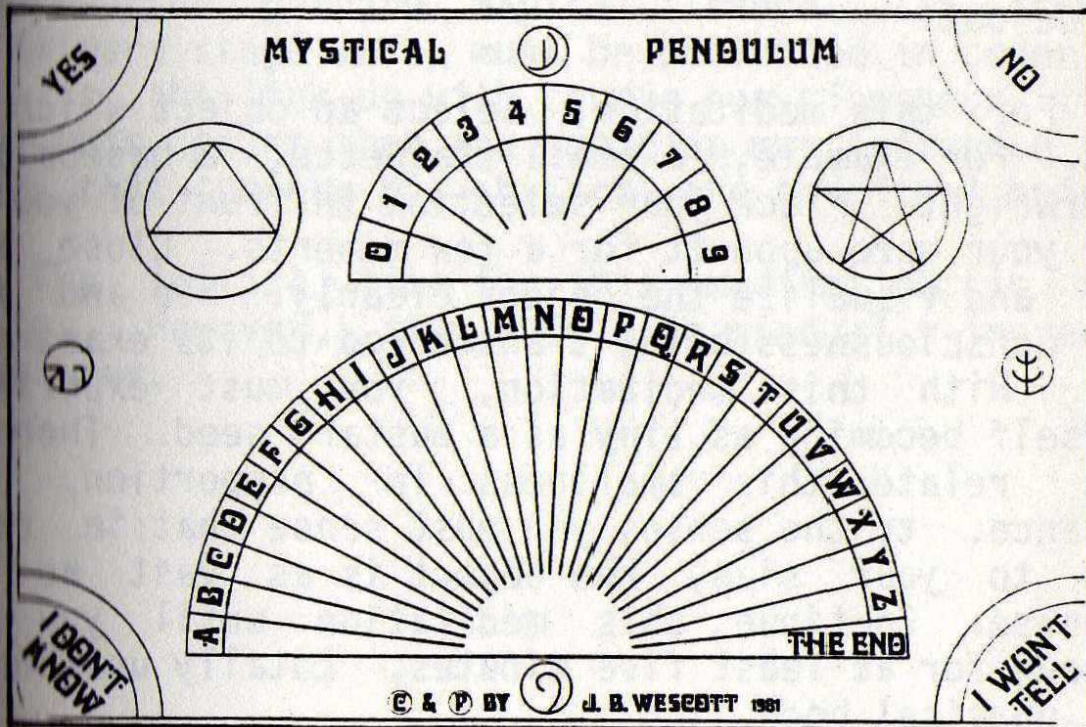
5. When the message has been completed, the pendulum will either become motionless or it will swing toward "the end" as indicated by the board.

6. Simple "yes" and "no" questions may be asked in the following manner. Hold the pendulum in the center of the board by the full length of the chain or string. The pendulum will then swing toward one of the four corners of the board indicating the answer.

7. Care must be taken not to use the "Mystical Pendulum" board when you are in a negative frame of mind. Negative attitudes will only generate unreliable responses.

8. A prayer for guidance and protection and a request for messages from only the highest spiritual entities should always be said before beginning any work with the board.







CONSCIOUSNESS TRANSFERRAL

The secret of the fourth dimension is revealed by mastering the aspect of consciousness transferral. It is that of time and space, timelessness and spacelessness. Furthermore, the secret of space magic is quite clear. This faculty will enable the Magician to influence everything from its nucleus. He will acquire the ability to magically load any object at will, even from great distances. We have learned in previous lessons to utilize vital power from the outside in. The vital power, in this case, is effected from the inside out.

For this meditation, select an object which is sold. For example, a small statuette, a baseball or paperweight. Place your selection in front of you and fix your gaze upon it for a few moments. Close your eyes and visualize the object clearly. See and feel your consciousness being transferred to its exact center. With this meditation, you must experience yourself becoming as tiny as a mustard seed. Then you must relate this smallness in proportion. For instance, to the senses you must sense that in relation to your size, the object is as vast as the universe. Continue this meditation until you can succeed for at least five minutes, totally unaware of your physical body.

This is an extremely difficult exercise, but don't become discouraged. Diligence and patience will be amply rewarded. The successful completion of this exercise will enable the Magician to look through any object. Then, you will not only understand the material qualities, but also the respective mental properties.



The Magician will find it necessary to achieve the same effect with animals, other people and objects which are not physically present. When all these have been achieved, he must turn his attention to his own being. We shall now deal with the Akasha-concept of his spiritual-being.

Assume your meditative posture and transfer your consciousness into the solar-plex Chakara. Once again, reduce your consciousness to the smallness of a mustard seed. Regard the circumference of your body in proportion. During this meditation, you must feel that you are the determining power therein. This exercise produces the genuine Magical Trance. It is the preliminary stage which must be perfected in order to establish the link-up with cosmic consciousness. It is from this point that the Magician may influence all things that concern his physical and spiritual being.

The initial time for this meditation is five minutes. However, this should be gradually increased to an hour.



MENTAL TRAVELING

The practice of Magic does not serve to satisfy the curiosity of the Magician. The primary objective is directed toward the benefit of mankind. Therefore, the aspiring Magician must continually strive to further his education. Consequently, his degree of wisdom is directly reflected within the quality of his contribution to society.

Neither time nor space is a hindrance with regard to mental travel. If you wish, it is possible to travel anywhere at all and return in an instant. For an example, it is possible to go to the home of a sick friend, to any strange continent, or to any place in our entire Universe. The Magician should take great pride in learning about our universe and its laws.

In the previous chapter, we learned how to transfer our consciousness into various objects, animals, and other people. The faculty of mental travel is achieved by first transferring our consciousness into the solar plexus Chakara, the Akasha. From this point, it becomes a simple matter to project the mental body outward. This procedure must be repeated before each attempt of either mental or astral projection.

A full-length mirror is a valuable aid in the beginning. Sit down, before the mirror, and quietly observe your reflection in great detail. Pay close attention especially to your facial features and expressions. Close your eyes and visualize your reflection before you in your imagination. Transfer your consciousness to the solar plexus and project it outward into the visual image. See yourself stepping out of your physical body. While you are doing so,



realize that it is actually your mental self or spirit, which is hearing, seeing, and feeling all things.

In the beginning, remain close to your body. Examine your body, clothing, and articles which are close at hand. Once you become comfortable with the separation of the mental and physical being, you may venture slightly further. It is important to become accustomed to moving about mentally. The lack of gravitational pull upon the mental body will require some adjustment time. When the mental separation has become comfortable, you may begin to first explore other rooms, the yard, and then your immediate neighborhood. End each exercise by slipping back into your physical body and wake up. Immediately make notes on all that you observed mentally. The authenticity of each experiment must be verified before proceeding. This must be done in order to confirm that what was seen mentally was not a product of the imagination but, indeed, reality.

In the predescribed manner, we are training the spiritual senses to hear, feel, and see independent of the physical body. Only after these things have been accomplished may you occupy yourself with the aspect of timelessness and spacelessness. Do not proceed any further until this exercise has been thoroughly mastered.

The laws of the mental plane are not subject to time or space. It becomes quite a simple matter to transfer the mental body to any place whatsoever. This ability allows the Magician not only to see, hear, and feel but also to be active there as well. For instance, you may not only see the cause of an illness but will be capable of treating the illness with your



mental body. Many things may be favorably influenced with the mental body.

The perplexity of distant travel is effected quite simply. You need only to meditate upon the place you wish to be and it shall be granted instantly. the method of transportation should not be queried by the Magician. In this manner, you may visit anywhere your heart desires. When you have mastered traveling around our planet, you may then turn your attention to the other planets in our universe. Spiritual communication will no longer present any problem.



ASTRAL PROJECTION

Astral projection and travel opens many doors which, heretofore, have remained tightly closed. The ability to maintain control over astral projection is the key to success. Unfortunately, many experience involuntary or spontaneous astral projection. The problem here is that most often this occurs before the astral senses have gained adequate maturity. A frightening experience with astral projection may completely thwart any subsequent experiments concerning this technique. The Magician must have gained a good command over Mental travel before even thinking of attempting Astral Projection. In fact, Mental Travel will prove to be a satisfactory vehicle for most purposes. Astral Projection is mandatory only to fulfill those tasks which require physical magic action. If the Magician should wish, he can consciously load the astral body with the Earth Element which would allow even the untrained person to perceive his presence. In other words, there would be no difference than if he were there in his physical body.

The phenomenon of astral projection is only possible during a deep state of Magical Trance, with the assistance of the Akasha principle. Many tend to confuse Mental Travel with the aspect of Astral Travel. In fact, what is frequently believed to be Astral Travel experiences is, in reality, only Mental Travel. The process of separating the Astral and mental body from the physical body is, indeed, exactly the same as what transpires when one dies. The only discernable difference is that the astral and mental bodies remain connected with the physical body by the astral matrix. The astral matrix is an elastic silvery thread which bears some similarity to the umbilical



cord. The composition of the astral matrix is a very subtle substance; therefore, some safeguards are required.

While the mental and astral bodies are separated from the physical body, if the physical body is touched, instant death would be the consequence. Unfortunately, should the astral matrix become broken, re-animation of the physical body would be quite impossible. Medically, it would be determined that a seizure of the heart had occurred.

The Magician shall lose all fear of the dying process by mastering Astral Projection. He will arrive from the aspect of believing to knowing. Subsequently, he will also become fully aware of exactly where he is going after stripping off the mortal frame. The only problem consists of the intense desire the Magician may feel to remain on the Astral Plane and nevermore return to his physical body. The Magician must firmly resist the inclination to linger in the Astral World. If he should do anything to break the astral matrix, this would create a Karmic debt. Indeed, such an act would be a terrible sin against Divine Providence, the same as suicide.

Assume your meditative position and transfer your consciousness to the solar-plex Chakara, creating the Magical Trance state. Visualize your astral body forming outside your physical body. Project your mental body into the astral body which has formed. At first, you will experience a queer sensation. It will seem as if you don't quite belong there. The most important step is to direct the astral body to begin breathing. It is only by beginning the dynamic breathing process that you will be able to maintain the connection of the astral and mental bodies and keep them separate from the physical body. Otherwise, the



magnetic pull of the physical body will be irresistible. The first few times you succeed in emitting the astral and mental body, do concentrate only on the breathing process. In order to return to your physical body, you have only to direct the astral body to cease the breathing process. You will then return instantly to your physical body.

This technique must be allowed a gradual and assiduous development. Remain close to your physical body in the beginning. It is extremely important to allow yourself ample time to become acclimated to the Astral body. In the same manner as mental travel, explore first other rooms, the surrounding neighborhood, and then places a few miles away. I wish to caution you not to immediately attempt to dash off to Jamaica.

### ELEMENTALS

There is, without a doubt, enough information with regard to the Elementals and their respective knowledge to fill countless volumes. It is, therefore, essential that the Magician thoroughly explore the realm of each for himself. I shall subsequently list a small portion of the knowledge assigned to the respective Elements. It is the responsibility of the Magician to seek for himself further information.

### SALAMANDERS

Salamanders are of the Element Fire. These Elementals have a great deal of wisdom to share with the Magician. The home of Salamanders is within the fiery center of the Earth. Great care should be taken as they have a propensity to be quite envious of man.



Their appearance is somewhat similar to humans. The necks of the Salamanders are quite elongated; also, their heads are quite small. The following are their respective fields of influence.

1. The cause and control of all things with regard to combustion;
2. The realm of Creation;
3. Various aspects of alchemy;
4. The cause and control of thunderstorms; and
5. The cure of all diseases which are under the control of the element Fire.

### GNOMES

The Earth Element is the ruler of Gnomes, who are Elves and Trolls. These are the wee people that we have heard about most of our lives in "fairy tales." These spirits guard all of the treasures of the Earth. Their favor is perhaps easiest to obtain. The Magician must maintain a firm control in regard to the Gnomes. His grossly physical emotion of greed could be sorely tested. The following may be learned:

1. The secrets of Herbs and their use for healing as well as Magic;
2. All natural jewels of the earth and the secrets of their location as well as their spiritual value;
3. The secrets of Earth Magic;



4. All mineral and oil deposits; and
5. The secrets and preparation of the philosopher's stone.

### SYLPHS

The Element Air is assigned to the elusive Sylphs or air fairies. They have beautiful and supple bodies. There are both male and females. These spirits are quite bashful and it is very difficult to win their favor. The Magician's effort, however, will be greatly rewarded when mastery of the Sylphs has been accomplished. Their sphere of control and teachings are:

1. Clairvoyance and all things with regard to its teachings;
2. The healing of all diseases associated with the neck, chest and lungs;
3. Astral travel and the strengthening of the astral matrix;
4. Gracefulness and fluid motion, such as in dance, etc; and
5. The enhancement of the singing voice of the musician.

### NYMPHS

The Nymphs of the Water Element normally take a female appearance. They are quite beautiful; therefore, the Magician must exercise a fair amount of



control. The mermaids and the like are quite fond of humans and, if allowed, will mesmerize the Magician. Great mysteries are willingly shared with the Magician when their favor has been obtained. The following mysteries are only a few:

1. The secrets of healing with regard to all portions of the body which are of a liquid substance;
2. The location of all treasures which are hidden beneath the sea, rivers and streams;
3. The cause and control of all storms at sea;
4. The location of bodies of drowned persons; and
5. The secrets of love which are assigned to the water spirits.

I have mentioned only a few of the mysteries which may be taught by the respective elementals. I hope that these are enough to arouse the curiosity of the Magician.

#### KUNDILINE FIRE

Lengthy books have been written on the theory of the Kundiline rising. Still, I would like to touch very briefly on this subject matter.

Regardless of your background and/or personal belief in a religion, I am certain that you will be able to see the manifestation of the Kundiline Fire as a spiritual union of self with the Creative Source. I also firmly believe that we must, as is written in the



Bible, "Seek ye first the Kingdom of Heaven; Then all doors shall be open unto you." It is the same with psychic growth and development. I feel that our spiritual values must first be put in order. Only then will our path unfold, not unlike a perfectly delineated road map, toward ultimate success and spiritual fulfillment, as well as successful application of knowledge.

It has not been written, to my knowledge, what one experiences and/or feels physically when the Kundiline Fire does manifest itself within a person. I would like to share my personal experience with you.

Early one morning, while meditating, I began charging my Chakara centers with the White Light. I had, as usual, started with the root center and began to work upward along the spine. I proceeded to approximately the spleen center when I felt the most tremendous, and I might add, extremely sexual energy in the root center Chakara. Frightened at first, I started to end the meditation. Suddenly, a calm voice told me that the Kundiline was rising and to simply relax. After I had done so, the energy, which shook my entire body in convulsive waves, began to move from the root center upward along my spine. As it reached each successive Chakara center, I could feel the explosive opening of each Chakara center. When the energy finally reached the Crown Chakara, it burst through the Third Eye. A beautiful vision proceeded to unfold before me in a rainbow of spectacular color. Indeed, I felt the most perfect peace and union with God that I have ever experienced in my life. Needless to say, I am not at liberty to share that vision with you. However, I might add that it was truly significant to my life and spiritual path.



That entire day, as I went about my regular duties, I felt as though I was walking at least three feet off the ground. The only way I can attempt to describe the feeling is as though the wind was passing effortlessly through my Chakara centers.

Following this experience, my awareness and psychic development were uncontainable. I sincerely hope that all my readers may, at some point in their spiritual development, be allowed to experience this truly magnificent Spiritual Ecstasy.

Raising the Kundiline is an extremely advanced exercise. At the risk of sounding redundant, I urge you not to attempt this exercise without the successful completion of the Self-Introspection process. I feel a high responsibility to my readers. I wish the student would not rush. Please, allow the Magical Equilibrium ample time to mature.

### MAGIC AND PLANETARY INFLUENCES

I am a firm believer that the stars do not rule man. However, through many years of studying the metaphysical sciences, I have found they have an undeniable influence on our lives. Certain stellar aspects are conducive to certain Magical endeavors. It is much easier to work with rather than against astrological influences.

I personally knew an adept who was a veritable "Aunt Clara". (Remember the T.V. show "Bewitched?") All her planned rituals went somewhat haywire. When we began comparing notes, I found that she had been using an hourly planetary guide that she had failed to recompute for her time zone. At the end of this chapter, I have compiled a planetary hour guide. It



is computed from Greenwich Mean time. You will need to consult a time reference table to convert the hours to your time meridian. Your local library should have a book of time conversions.

The days of the week are assigned to a particular planet. These remain the same every week. In successive rotation, each hour has a different planetary assignment. For instance, if you plan a ritual that Jupiter rules, it should be done on a Thursday during a Jupiter hour. The most effective results will always be on the planet's day and hour of influence.

#### PLANETARY DAYS

|           |          |                    |
|-----------|----------|--------------------|
| SUNDAY    | RULED BY | THE SUN            |
| MONDAY    | RULED BY | THE MOON           |
| TUESDAY   | RULED BY | MARS AND PLUTO     |
| WEDNESDAY | RULED BY | MERCURY AND URANUS |
| THURSDAY  | RULED BY | JUPITER            |
| FRIDAY    | RULED BY | VENUS AND NEPTUNE  |
| SATURDAY  | RULED BY | SATURN             |



REALMS OF PLANETARY INFLUENCESUN DAYS AND HOURS:

Winning at games of chance, gaining the support of influential people, honor and prestige, banks and financial organizations, gaining friendships, increasing vitality, health, harmony, fate and Karma, the Quabalah, the Fire element, the principle of electricity.

The spirit heads of the Sun Sphere will instruct the Magician on the aspects of the physical life on Earth, The magic of the Fire element, the cause and control of thunderstorms, various states of alchemy, as well as many other areas.

Gold is the associated metal and the colors range from red-orange to the purest gold.

MOON DAYS AND HOURS:

Reconciliation, travel and shipping by sea, tides, secrets of the liquids of the Earth, Moon Magic, psychic development, charms and protective spells, love and sympathy, peace and harmony, the reversal of negative vibrations, diseases of the stomach, blood, clairvoyance, the materialization and dematerialization of physical matter, Psychic Shields, Astral Travel, the animal kingdom of the water, the Water elements, and the Sylphs.

The Spirit heads of the Moon Sphere know all the secrets which deal with the liquid substances upon the Earth and those within the body of man. The Magician



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may also learn many secrets concerning the Astral body. Water spirits are quite fond of man and are usually eager to teach a sincere Magician.

The color spectrum is pearl and opalescent colors. The metal is Silver.

### MERCURY DAYS AND HOURS:

Creative writing, test scores, advancement in position, military matters, Tarot divination, strengthening the will power, transformation of hostile energies, all gaseous substances of the Earth, the return of stolen or lost items, Akasha divination of the past, present and future, the treatment of incurable diseases by Magic, artistic endeavors, the cause and control of storms, the chemistry of alchemy, Evocation of Spirit, the cure and treatment of infertility, Music Magic, and aspects which deal with fame and wealth.

Spirits of this realm have a great range of knowledge and will teach the Magician many things. Secrets concerning the Mental body may be learned from these teachers.

The color association ranges from grey and blue to soft browns. The metal assignment is quicksilver.

### JUPITER DAYS AND HOURS

This planetary aspect deals with justice, harmony, all aspects of the judicial system, astrological divination, the fluids on all planets, crystallization, gravity and the rotation of the planets, the intellect, as well as magnetic fields.



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Teaching from the Spirit heads of Jupiter also include evolution of fate and man's path to perfection.

The color spectrum ranges from green, reds and varying shades of purple. The metal assignment is Tin.

### VENUS DAYS AND HOURS:

Ah, what sweet mysteries this planetary influence controls. It incorporates sexual mysteries, fertility of both sexes, inspiration, happiness and ecstasy, literature, love magic, personal beauty, peace, marital bliss, and animal husbandry.

Spiritual teachings also include all things related to the animal and vegetable kingdom.

The spectrum of reds, greens, and pastel tints are assigned. The metal is copper.

### SATURN DAYS AND HOURS

I shall not dwell on this planet and I discourage its evocation with a few minor exceptions. Indeed, it is the planet of the Judges of all spheres and Karma. This is also the sphere of the Black Magician. However, its vibration is useful to repel psychic attacks and reverse Black Magic.

The Spirits on this planet are quite difficult to control. Only the most advanced Magician should ever attempt to contact Saturn Spirits. They deal with the fate of all three kingdoms, Karma, institution, and they are the Judges of the World.



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The color assignment is black and its metal is Lead.

### MARS DAYS AND HOURS:

I also advise that you desist from using this planetary influence. It is a sphere of great violence and disruption. It may be useful in the following exceptions: Self-defense, military or police matters, and for causing unhappiness. With regard to the last aspect, remember that all works of a negative nature may ruin the account of your Karma for the next thousand years.

The Spirit heads will teach the Magician many things about self-preservation, the animal kingdom, and the characteristics of man.

The color assignment is dark murky reds and the metal is Steel.

### URANUS DAYS AND HOURS:

The effective uses of this planetary aspect are somewhat difficult because of its distance from the Earth. However, it controls mysteries of a magical nature, inventions, drugless cures, and telepathy. The advantages of this sphere will make it worth the extra energy which will be required to invoke the aid of its Spirit heads.

Spirits here will teach the Magician about Magic and Quabbalah of the microcosm, and their applications in the macrocosm.

Electric blue is the color association and the metal is Uranium.



NEPTUNE DAYS AND HOURS:

The Neptune vibration is beneficial in communication with the dead, seances, past life regressions, perfumes, brewing, chemicals, and psychometry.

The spectrum of colors range from blue-greens to pale lavenders. The metal association is Platinum.

PLUTO DAYS AND HOURS:

This planet deals with death, taxes, and underground activities. Some believe that this sphere may be the one where departed souls await the opportunity for reincarnation and account for past Karma.

Black is the associated color and the metal is Plutonium.

Pluto has only been mentioned to complete our planetary system. Its sphere exists outside of our cosmic hierarchy. Therefore, there is no value for the Magician to even try to contact the Spirit heads on this planet.



## TABLE OF PLANETARY HOURS

|       | SUNDAY  | MONDAY  | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY  | SATURDAY |
|-------|---------|---------|---------|-----------|----------|---------|----------|
| 1 AM  | SUN     | MOON    | MARS    | MERCURY   | JUPITER  | VENUS   | SATURN   |
| 2 AM  | VENUS   | SATURN  | SUN     | MOON      | MARS     | MERCURY | JUPITER  |
| 3 AM  | MERCURY | JUPITER | VENUS   | SATURN    | SUN      | MOON    | MARS     |
| 4 AM  | MOON    | MARS    | MERCURY | JUPITER   | VENUS    | SATURN  | SUN      |
| 5 AM  | SATURN  | SUN     | MOON    | MARS      | MERCURY  | JUPITER | VENUS    |
| 6 AM  | JUPITER | VENUS   | SATURN  | SUN       | MOON     | MARS    | MERCURY  |
| 7 AM  | MARS    | MERCURY | JUPITER | VENUS     | SATURN   | SUN     | MOON     |
| 8 AM  | SUN     | MOON    | MARS    | MERCURY   | JUPITER  | VENUS   | SATURN   |
| 9 AM  | VENUS   | SATURN  | SUN     | MOON      | MARS     | MERCURY | JUPITER  |
| 10 AM | MERCURY | JUPITER | VENUS   | SATURN    | SUN      | MOON    | MARS     |
| 11 AM | MOON    | MARS    | MERCURY | JUPITER   | VENUS    | SATURN  | SUN      |
| 12 NN | SATURN  | SUN     | MOON    | MARS      | MERCURY  | JUPITER | VENUS    |
| 1 PM  | JUPITER | VENUS   | SATURN  | SUN       | MOON     | MARS    | MERCURY  |
| 2 PM  | MARS    | MERCURY | JUPITER | VENUS     | SATURN   | SUN     | MOON     |
| 3 PM  | SUN     | MOON    | MARS    | MERCURY   | JUPITER  | VENUS   | SATURN   |
| 4 PM  | VENUS   | SATURN  | SUN     | MOON      | MARS     | MERCURY | JUPITER  |
| 5 PM  | MERCURY | JUPITER | VENUS   | SATURN    | SUN      | MOON    | MARS     |
| 6 PM  | MOON    | MARS    | MERCURY | JUPITER   | VENUS    | SATURN  | SUN      |
| 7 PM  | SATURN  | SUN     | MOON    | MARS      | MERCURY  | JUPITER | VENUS    |
| 8 PM  | JUPITER | VENUS   | SATURN  | SUN       | MOON     | MARS    | MERCURY  |
| 9 PM  | MARS    | MERCURY | JUPITER | VENUS     | SATURN   | SUN     | MOON     |
| 10 PM | SUN     | MOON    | MARS    | MERCURY   | JUPITER  | VENUS   | SATURN   |
| 11 PM | VENUS   | SATURN  | SUN     | MOON      | MARS     | MERCURY | JUPITER  |
| 12 MN | MERCURY | JUPITER | VENUS   | SATURN    | SUN      | MOON    | MARS     |

The above list of planetary hours are computed from Greenwich Mean Time. It will be necessary to consult one of the time reference tables to convert these hours to your time meridian.



THE SIGNIFICANCE OF COLORS

I do not intend to spend a great deal of time on color vibrations and their many uses. However, I do feel the necessity to briefly touch on this subject. I will describe the value and use of the basic colors. You will find that everything not only has a form, but also a colored light oscillation, an elemental assignment, as well as a sound vibration.

BLUE:

This is a truly communicative color. The blue oscillation is beneficial in developing the clairhearing faculty. Peace and understanding are also enhanced by this color.

YELLOW:

This is a truly positive color which aids in achieving mental clarity. The intuitive ability may be accelerated by the yellow vibration. Creative writings are also enhanced thereby.

LAVENDER OR INDIGO:

A beautiful color vibration which aids all areas of psychic development and awareness. The orientation of this color is Higher Spirituality. It ranges from a spectrum of deep purple to pastel violet shades. It is mystical in nature.



RED:

Indeed, the red spectrums are very exciting vibrations. They deal with sensual pleasures, matters of love, as well as aggressive works.

WHITE:

Purity is the primary orientation of this color vibration. Spirituality and Godliness are the main aspects. It is my fondest wish, that the peace and understanding of this purest vibration shall be with you always.

ORANGE:

The color orange is, indeed, quite complex. Its uses cover a wide range of areas, for instance, the ambitious person, high social achievement, and attainment of high positions. It is conducive to increased learning ability. Students should use generous amounts of this color.

GREEN:

I personally have a high regard for this fascinating color. It primarily deals with the abundance of material things in our life. In addition, it favors love conquests. It is also an excellent vibration for healing.

BROWN:

Shades of brown are said to be conducive to a harmonious home. Also, it represents the Earth Element and the 360 Spirit heads in the zone girdling the Earth. However, keep in



mind that murky shades of brown attract negative entities. Therefore, use discretion and clear golden shades of brown.

BLACK:

Great care should also be used with regard to this color. However, it is quite effective in absorbing negative vibrations and returning negative vibrations back to its source. Always remember, that if we create any negative Karma it must be atoned for at some time. If the atonement does not occur in this lifetime, it definitely will in the next.



## MAGIC & MUSIC

### The Language of the Gods Revealed

by J. Wescott

#### Part II

#### PRACTICAL APPLICATION



## THE LANGUAGE OF THE GODS---TONE MAGIC FORMULAS

I feel quite certain that this is the most exciting chapter in this book. The knowledge that I reveal is not new but in the past has been a closely guarded secret. Combining the Quabbalistic Alphabet, the energy of each respective element, celestial influences, and the appropriate tone vibration and color, guarantees the mastery of Magic. They must all be present in order to flow harmoniously. All these things are necessary in order to comply with the basic laws of Magic, the Universal Axiom.

As I have previously stated, musical talent is not at all a prerequisite for the successful utilization of Tone Magic Formulas. In the past, I used an instrument known as a Melodica. This is a small instrument which is very portable and simple to learn. It somewhat resembles a piano in the respect that it has a keyboard of 32 keys. The size is approximately 18 inches in length and it is powered by the operator's breath. It is fairly inexpensive when compared to most musical instruments. (It is referred to as a mouth organ, not to be confused with a harmonica.) However, any instrument of the Magician's choice may be used. The pitch pipe will also suffice.

Ah! What sweet mysteries await here for the aspiring musician. Great wonders and success may be accomplished with the careful application of Tone Magic. The Musician shall find it within his ability to structure his musical compositions to incorporate Tone Magic. Beautiful arrangements may be formulated that would create instant peace, tranquility, and universal love. The realm of possibilities are of such magnitude that I could not possibly even begin to cover them all within this writing. I shall leave this aspect to your exploration.



It was during the time that I began the writing of this book that I met Merry Citioli. She later became an invaluable aid to my "Tone Magic" experiments. Merry is an extremely talented pianist and composer. She first appeared upon my doorstep in search of Spiritual counseling. During the first session, I became aware of her musical dedication and cautiously explored her psychic maturity, hoping that she would be receptive to researching my new theory. Indeed, not only was she receptive, but she was delightfully excited about the endeavor.

Needless to say, Merry and I quickly became the best of friends. We were continuously delighted with each discovery of a new "Tone Magic" formula. We cautiously tested and proved the effectiveness of each and every formula beyond the shadow of a doubt. These formulas ranged from healing, peace, joyful vibrations, various realms of psychic development, as well as improved financial conditions. This now brings to mind an interesting story which directly involved Merry.

I remember quite well, that just after I had labored for many days formulating my first "financial success" ritual, (the Supreme Success Ritual on page 134) Merry called me. Not only was she in tears, but in the most despondent mood that I had ever known my friend to experience. It seemed that her whole world had appeared to collapse. She complained that she had unexpectedly lost her job; she had no means of transportation and had constantly been denied her heart's desire, playing her beloved music before a live audience. I listened sympathetically until she had completely aired all of her grievances. "Now Merry," I gently chided, "where is your faith in the work we have been doing? I have just finished



formulating the "Supreme Success" formula. Give it a try and let me know the results."

This conversation took place on a Tuesday and, by the following Friday, here's what happened. The following day, Wednesday, Merry's Grandmother called and offered to send her \$1,500 to help her get established here in Tucson. Later that same day she received an unexpected call from an Italian Restaurant offering her a job playing dinner music. On Thursday, the money arrived and my elated friend purchased a little red VW bug. Merry began her first professional engagement as a solo pianist on the following day.

A few of the arrangements Merry has composed incorporating "Tone Magic" are "Gypsy and The Magician", "Abbetira", and "Miracles of Madness." (The latter is my favorite.) Merry has since moved to St. Paul, Minnesota, in order to further her musical career. We should watch for her name and her songs. She can't help but become extremely successful. Who could possibly stop her with all of the positive energies and entities on her side.

The musical exercises on pages 85 and 86 will give the musician a useful example of chord progressions using the five elements. (Most of these were written for me by Merry.) Quabbalistic tone magic formulas may be utilized in exactly the same manner. I currently have several composers working with the tone magic aspect. I would appreciate hearing about your experiments and results using "Tone Magic." If you would like a reply, however, please include a self-addressed stamped envelope.

This shall serve as only a small example of the Magic available through "Tone Magic Formulas." When you have mastered all the exercises which I have set



forth in these writings, I will have completed my next book, devoted to "Tone Magic".

The rhythm of the Spheres and control of the unseen forces of Nature await your evocation. I have presented the key to my readers. It is your option--you have only to open the door.

It is time to get down to the business at hand, which is that of "Tone Magic" formulae. I would like to stress the importance for the Magician to seriously study the Quabbalah in great depth. It is imperative that the Magician must have a thorough understanding of this subject. A Quabbalistic dictionary is also an extremely valuable tool. Also, you will benefit by becoming acquainted with various Spirit Heads of our Earth Zone and those of other planetary spheres. I recommend Franz Bardon's "The Practice of Magical Evocation." This book gives a specific guide to each Spirit's particular realm of influence, as well as signals for each respective Spirit.

Whenever Spirits or the forces of nature are evoked using the proper combination of the Quabbalistic letter, color, element and sound, dynamic results will occur. Without further delay and/or boredom to my readers, I shall now present the technical procedure for "Tone Magic."

#### FORMULA MAGIC USING THE QUABBALAH

I have previously stated that it is not my intention to attempt to teach the Quabbalah. However, it is necessary that the serious student of Magic have a complete understanding of the subject. The greatest teacher I have ever studied is Franz Bardon, a German author. I suggest that you acquire and thoroughly



study his books. They are: "Initiation Into Hermetics," "The Practice of Magical Evocation," "The Key to the True Quabbalah," and "Fabrato the Magician." You will find ordering information at the end of this book.

Franz Bardon outlines in The Key to the True Quabbalah (pp. 220-223) the two-fold key to our understanding of the Quabbalistic alphabet. I quote his material here: "Now, if I wanted to deal with all the formulas of the twofold-key with all combinations, I should have to indicate  $27 \times 27 = 19,683$  letter combinations and the fourfold-key even 531,441 letter combinations, i.e., 27 raised to the fourth power. To describe them all is really impossible.

"I do describe the keys in this book indicating a number of formulas analogous to each key. However, my work is not to be regarded as a quabbalistic dictionary, but contains concrete explanations of the four quabbalistic keys.

"With regard to the twofold-key, I am now going to indicate to the quabbalist, as a further aid, the mental qualities of the letter series.

"I shall inform the quabbalist about the qualities appertaining to the threefold-key and the fourfold-keys by means of one letter formula, the so-called basic key, on the basis of which all the other letter combinations may be compiled.

"Taking the letters of the alphabet one after the other with regard to their mental application of the twofold-key, everything referring: To letter:

A is analogous to the enlightened intellect, faculty of judgement, comprehension of



profoundest truths, knowledge and faculty of perception, and development of all intellectual faculties.

To letter

B are all letter combinations analogous which impart absolute power over the electromagnetic fluid in all spheres. This is the mastery over polarity.

To letter

C the influences of all divine ideas, wishes, and qualities are subjected.

To letter

D is everything analogous that is connected to consciousness and the mental matrix. Furthermore, the D everywhere enlarges the ego-consciousness and leads to wisdom.

To letter

E everything is subject that is related to the transfer of consciousness and intuition.

To letter

F everything that refers to the unification of the basic qualities of the spirit, i.e., will-power, intellect, and feeling, as ego-consciousness.

To letter

G everything is subject that is analogous to divine



blessing, for instance mercy, peace, and remission.

To letter

H everything that is meant by intuition regarding Divine Providence.

To letter

CH everything having an analogous connection to linguistic talent, no matter whether the languages of spiritual beings, human beings or animals, or the knowledge of symbols are concerned.

To letter

I everything related to conscience, reminiscence, and memory.

To letter

J everything connected to ecstasy and rapture.

To letter

K everything concerning the state of manifestation of religious belief.

To letter

L everything regarding the spiritual comprehension of true morality from the hermetic point of view.



- To letter
- N everything concerning the mental aura and the mental matrix with regard to the aura.
- To letter
- O everything analogous to the basic qualities of the spirit with regard to harmony, fatefulness, and legality.
- To letter
- P everything that has to do with religious feeling and deepest devotion.
- To letter
- R everything concerning freedom of will, freedom of action, and intellectuality.
- To letter
- S everything regarding enthusiasm and the absolute mastery of the electric fluid.
- To letter
- SCH everything connected to perfect enlightenment, spiritualization and rapture related to these (enlightened intellect)
- To letter
- T are subjected all the phases of influencing memory.



To letter

- U everything relating to the faculty of working in the Akasha principle, in all forms of existence, likewise the highest intuition, the Karma or mastery of fate.

To letter

- W everything appertaining to clairsentience, faculty of psychometry, furthermore, also to medial faculties.

To letter

- Y(U) everything in connection with inspiration by intuition due to attachment to God, and with love and the mental faculties arising therefrom.

To letter

- Z everything that brings about the enhancement of general intellectual faculties and has special influence on memory.

To letter

- A The realization of wishes regarding physical matter is subjected.

To letter

- O everything is subjected that refers to the transformation of mental qualities."\*

---

\* "The Key to the True Quabbalah" by Franz Bardon  
ISBN 3-921338-03-4 pp 221-223



## "THE QUABBALAH ALPHABET AND TONE VIBRATIONS\*\*

| Letter   | Color               | Element              | Vibrates in Note |
|----------|---------------------|----------------------|------------------|
| A        | Crystal Blue        | Air Element          | G                |
| A (AE)   | Brown or Grey       | Earth Element        | C                |
| B        | Violet              | Water Element        | A                |
| C        | Scarlet Red         | Fire Element         | D                |
| D        | Dark Blue           | Earth Element        | C                |
| E        | Violet              | Fire Element         | D                |
| F        | Light Green         | Water Element        | F#               |
| G        | Grass Green         | Earth Element        | F                |
| H        | Silvery Violet      | Water Element        | A                |
| CH       | Blue-Green          | Akasha Element       | D#               |
| I        | Opalescent Colors   | Earth Element        | G                |
| J        | Dark Opal Colors    | Earth Element        | G#               |
| K        | Silvery Blue        | Fire & Air Element   | B                |
| L        | Dark Green          | Air Element          | F                |
| M        | Blue-Green          | Water Element        | D                |
| N        | Dark Red            | Fire Element         | A                |
| O        | Dark Ultramarine    | Fire Element         | C                |
| O (OE)   | Dark Orange         | Fire & Earth Element | D#               |
| P        | Dark Grey           | Earth Element        | B                |
| R        | Golden Color        | Akasha Element       | C                |
| S        | Purple-Red Hue      | Fire Element         | G#               |
| SCH (SH) | Blazing Red         | Fire Element         | C                |
| T        | Dark Brownish Black | Earth Element        | F                |
| U        | Ivory Velvet Black  | Akasha Element       | B                |
| W        | Lilac               | Akasha/Air Element   | G                |
| U (UE)   | Pink Color          | Fire Element         | C#               |
| Z        | Lemon Yellow        | Air Element          | G**              |

\* "The Key to the True Quabbalah", by Franz Bardon, pp. 84-85. ISBN 3-921338-03-4

\*\* For the convenience of the readers, I have added the color and element as Franz Bardon set them forth in the same chapter.



TONE VIBRATIONS AND MAGIC EVOCATION

## TONE VIBRATIONS AND PLANE CORRELATION

|                |                         |    |
|----------------|-------------------------|----|
| MENTAL PLANE   | VIBRATES IN THE TONE OF | A  |
| ASTRAL PLANE   | VIBRATES IN THE TONE OF | G# |
| PHYSICAL PLANE | VIBRATES IN THE TONE OF | F  |
| AKASHA PLANE   | VIBRATES IN THE TONE OF | C  |

## TONE VIBRATION FOR INVOKING THE ELEMENTS

| ELEMENT | CORRESPONDING COLOR       | TONE VIBRATION |
|---------|---------------------------|----------------|
| EARTH   | BROWNS AND SHADES OF GREY | F G D          |
| WATER   | BLUE/GREENS TO AQUA       | F# G D         |
| AIR     | CRYSTAL CLEAR BLUE        | B G D          |
| FIRE    | RED/ORANGE                | C G D          |
| AKASHA  | VIOLET TO INDIGO          | A G D          |

## PLANETARY INFLUENCES

| PLANET  |                    | TONE VIBRATION |
|---------|--------------------|----------------|
| SUN     |                    | G              |
| MOON    |                    | D              |
| MARS    |                    | F#             |
| MERCURY |                    | D#             |
| JUPITER |                    | B              |
| VENUS   |                    | F              |
| SATURN  |                    | C              |
| URANUS  | HIGHER OCTAVE NOTE | D#             |
| NEPTUNE | HIGHER OCTAVE NOTE | F              |
| PLUTO   | HIGHER OCTAVE NOTE | F#             |



## ZODIAC SIGNS AND THEIR CORRESPONDING TONE VIBRATIONS

| <u>SIGN</u> | <u>TONE VIBRATION</u> |
|-------------|-----------------------|
| ARIES       | C                     |
| TAURUS      | C#                    |
| GEMINI      | D#                    |
| CANCER      | D#                    |
| LEO         | E                     |
| VIRGO       | F                     |
| LIBRA       | F#                    |
| SCORPIO     | G                     |
| SAGITTARIUS | G#                    |
| CAPRICORN   | A                     |
| AQUARIUS    | A#                    |
| PISCES      | B                     |



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Water Energy

Musical notation for Water Energy: Treble clef, 3/4 time signature, key signature of one sharp (F#). The melody consists of a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4.



Air Energy

Musical notation for Air Energy: Treble clef, 3/4 time signature. The melody consists of a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4.



Fire Energy

Musical notation for Fire Energy: Treble clef, 3/4 time signature. The melody consists of a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4.



Earth Energy

Musical notation for Earth Energy: Treble clef, 3/4 time signature. The melody consists of a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4.



Akasha Energy

Musical notation for Akasha Energy: Treble clef, 3/4 time signature. The melody consists of a sequence of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4.



Water

Musical notation for Water: Grand staff, 4/4 time signature, key signature of one sharp (F#). The right hand plays a continuous eighth-note melody: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4, B3, A3, G3, F#3, E3, D3, C3. The left hand has a whole rest.



Air

Musical notation for Air: Grand staff, 4/4 time signature. The right hand plays a continuous eighth-note melody: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4, B3, A3, G3, F#3, E3, D3, C3. The left hand plays a sequence of chords: G3-B3-D3, G3-B3-D3, G3-B3-D3, G3-B3-D3.



Fire

Musical notation for Fire: Grand staff, 4/4 time signature. The right hand plays a sequence of notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4. The left hand plays a sequence of chords: G3-B3-D3, G3-B3-D3, G3-B3-D3, G3-B3-D3.



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Earth Energy

Musical notation for Earth Energy exercise, featuring a treble and bass clef staff in 3/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. The bass line consists of chords: G2-B2-D3, A2-C3-E3, B2-D3-F3, G2-B2-D3.

Akasha

Musical notation for Akasha exercise, featuring a treble and bass clef staff in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. The bass line consists of chords: G2-B2-D3, A2-C3-E3, B2-D3-F3, G2-B2-D3.

Mental Plane

Musical notation for Mental Plane exercise, featuring a treble clef staff in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.

Astral Plane

Musical notation for Astral Plane exercise, featuring a treble clef staff in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.

Physical Plane

Musical notation for Physical Plane exercise, featuring a treble clef staff in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.

Combining All Three Planes

Musical notation for Combining All Three Planes exercise, featuring a treble clef staff in 3/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.

Akasha Plane

Musical notation for Akasha Plane exercise, featuring a treble clef staff in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.

Combining All Four Planes

Musical notation for Combining All Four Planes exercise, featuring a treble clef staff in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.



TONE MAGIC FORMULA PROCEDURES

1. Precise purpose: The desired result.
2. Quabbalah letter or combination of letters which will be used.
3. Decide which elemental energy will be appropriate for the desired cause and effect.
4. Select the planetary influence that will be the most effective. Make sure you have selected the proper musical vibration which is assigned to that particular planetary sphere. If a Spirit Head is to be used, you will need his name, rank, and his tone vibration. For instance, if the Spirit Head is 22 degrees of Leo, you would use the tone oscillation of "E."
5. If signals are to be used, they must be prepared in advance.
6. Select the plane of operation which will be necessary to accomplish the purpose. (See the chapter on Magic and Planetary Operation.) You may use several if you wish.
7. Write, in your own words, what you are requesting and how you feel the desired results may be best accomplished.
8. Whenever possible, the application of these formulas should be done during the most favorable planetary days and hours. (See the chapter on Magic and Planetary Influence.)



9. It will be necessary to either prerecord or be familiar with each tone vibration which will be used.
10. Tone Magic does not require the use of a ceremonial circle. However, in the beginning, you will find that it does lend extra energy. Personal preparation should be the same as any other ceremonial works. (See the chapter on Personal Preparation for Ceremonial Works.)



## CANDLE MAKING

The candles dedicated for Ceremonial use must be carefully prepared. The procedure is quite simple and far less expensive than purchasing them. Candles which are prepared under the proper planetary aspects lend extraordinary power to ritual works.

You will need to obtain several metal candle molds. I personally prefer the five- and six-pointed star variety. However, any desired shape may be used. Ordinary paraffin is perfectly acceptable. Pure bees wax, in my opinion, is highly overrated, as well as prohibitively expensive.

Candles should be made during the new moon. The vibrations are the most positive during this phase of the moon. Check the hour chart for the correct hour. For instance, the Water candle must be made during the moon hour on Monday and so forth.

The four candles stationed around the circle are dedicated to the four respective elements. The North candle is assigned to the Earth, the East to Air, the South to Fire, and the West to the Water Element. The two white altar candles should be made during an hour which rules your planetary sign.

| ELEMENT | PLANETARY HOUR                                   | COLOR  |
|---------|--|--------|
| FIRE    | SUN HOUR<br>Rules Aries, Leo, and Sagittarius    | YELLOW |
| EARTH   | VENUS HOUR<br>Rules Taurus, Virgo, and Capricorn | BRONZE |



## WATER

## MOON HOUR

## TURQUOISE

Rules Cancer, Scorpio, and Pisces

## AIR

## MERCURY HOUR

## LAVENDER

Rules Gemini, Libra, and Aquarius

## MATERIALS

1. Candle molds, 6 - 12 inches high.
2. Paraffin - available in 11 lb. blocks.
3. Color chips.
4. Candle wick. Be sure to have plenty on hand.
5. One or two melting pots.
6. Scented oil if desired. I suggest Musk, Jasmine or Sandlewood.
7. Silicon spray.
8. Metal tub. Any large flat container may be used.
9. Wax thermometer.
10. One 12 - 14 inch knitting needle.
11. Hammer and chisel.

Make all preparations in advance of desired hour of work. Divide the block of wax, if an 11 lb. block, into exactly 3 and 3/4 inch strips. One strip this size will make one 12-inch candle or two 6-inch candles. Next, string the molds and spray lightly with the silicon spray. The temperature of the water is to be no cooler than 60 degrees and no warmer than 72 degrees. If you plan to cool the candles outside, the weather temperature should be no less than 50 degrees F. Plan to cool the candles inside, otherwise.



Place the paraffin into the melting pots and set the burner on medium. Keep a watchful eye on the temperature of the wax. It must not be allowed to heat above 200 degrees F. When the wax is almost completely melted, I add the music of the element. (See the chapter on Tone Vibrations and Magic Evocations.) At this time, I also use musical dedication, for the plane of operation.

When the wax is completely melted, add the desired color and scent. The perfect pouring temperature is between 190 and 200 degrees. Hold the mold slightly above the water until you have poured the first two or three inches of wax into the mold. Gently lower the mold into the tub of water. Continue to fill the mold within a quarter of an inch of the top. The level of the cooling water should come about an inch or two below the top of the mold. Extreme care must be taken not to splash any water into the wax.

Let the candles cool for about 45 minutes. When the bottom of the candle has begun to solidify, take the knitting needle and gently poke down along the wick until you feel it becoming solid. This will break up any air pockets which have formed. Allow candles to set for approximately three hours. Before removing candles from the water, feel the sides of the molds. When they are cool to the touch, they are ready to be removed.

Remove the molds from the water and dry with a terry towel. Take out the sealing wax and screws. Gently pull the top of the molds until you feel the candle pop loose from the sides of the mold. Turn the molds upside down and allow the candle to slide out.

The final step is to turn the candles upside down and fill the recessed portions of the bottoms.



Finally, heat a small amount of wax to 175 degrees and fill in this space. Then allow the candles to set for one to two hours or until the newly poured wax feels cool to the touch. Store the candles with your other Magical equipment until needed. They are to be dedicated for ceremonial work and never used for any other purpose.

Making candles is very enjoyable. There is never a doubt about their vibrations or elemental orientation when properly prepared.

### YOUR SPECIAL PLACE

An important step is the preparation of your own very special place. Ideally, this would be a room or area of the house that you could keep everyone else away from. However, this is usually impossible. It is extremely important to set aside a specific area for Magical endeavors. Try to select an area that is not heavily traveled and you can keep your altar and magical equipment inconspicuous but ready for use. The space should be at least four feet square. However, space permitting, an area nine feet square would be ideal. I have personally become an expert with working with what is available.

Give intensive consideration to privacy when you select your temple area. There should be no electrical equipment in the room. A small cassette recorder is very desirable, as there are many good meditation tapes available. They can lend great energy to Ritual and Ceremonial work. You may also want to prerecord the musical portions of the Ceremony in advance.



### AREA CLEANSING

Thoughts are energy. Since energy tends to hang around, you should take care to make sure your special place is free of any unwanted vibrations. My favorite cleansing technique is simple and quite effective. You will need to obtain the following:

1. One small pan. A cake pan is ideal.
2. A large frying skillet with a long insulated handle.
3. All-purpose rubbing alcohol. (Not the kind you drink.)
4. Sea Salt. This is available at any health food store.
5. Long stemmed matches. The long (12-inch) fireplace type.
6. Garden gloves. This will eliminate the possibility of burning your hand.

Pour the alcohol into the small cake tin, about one-half of an inch will be sufficient. Add the sea salt to the alcohol, sprinkling generously, but not enough to cause the mixture to thicken. Next, place the small cake tin inside the larger skillet. Take a long stemmed match and light the mixture. Again, I stress, wear the glove because even though the skillet handle is insulated, it will become quite hot. When the mixture has been ignited, walk slowly around the entire room and repeat the following prayer:



NEGATIVE ENERGY OR ENTITY REMOVAL

Blessed Creator, from whom all blessings flow,  
In the name of Light and Love,  
I ask your blessings on this place,  
Send your Divine White Light of peace  
and protection,  
Encompass this room, this house and  
these grounds,  
Keep this place and all herein in your  
loving light of peace and protection,  
At this time, I dismiss and remove any and all  
negative energies, entities, or thoughtforms,  
I COMMAND YOU TO LEAVE AND NEVER RETURN TO THIS  
HOLY AND SANCTIFIED PLACE.

AS I WILL,  
SO BE IT,  
AMEN

I cannot impress strongly enough, the importance of keeping your work place free from all negative influences, energies, and entities. Now, we may proceed without any fear of negative vibrations which may be hanging around to interfere with our work.

CASTING THE MAGIC CIRCLE

There are distinct dangers in working Magic, as well as any mind-expanding exercises. It is imperative to always provide for your personal safety. Popular opinion varies regarding the proper radius of the Circle. I believe that the most important aspect is the dedication of the Magician. Proceed, as follows:



Space permitting, measure four feet, which will be the radius of the inner circle. Next, measure six inches longer. That length will be the outer circle. Constructed in this manner, there will be a circle of exactly nine feet in circumference. However, do not despair if your space allotted will not accommodate the nine-foot circle. Simply use as much space as possible.

Naturally, it would be perfect if you could permanently paint your Magic Circle on the floor. Unfortunately, with today's limited living area, this is seldom possible. The best way I have found is to take an ordinary piece of blackboard chalk and draw the circles. This makes a highly visible circle which is easily removed from a carpet with the vacuum.

You will need to establish an exact position for North, South, East, and West. Get a compass if necessary. The direction of casting and invocations are of extreme importance.

The final step in the preparation of the Circle is to draw a pentagram within the inner circle. The top point of the pentagram should point to the North. This is the positive position. The reverse is the negative position. (See the diagram on page 97.)

The final task in completing the circle is that of charging. Take your Magic Wand or Sword, having been made in agreement with God. Draw the White Light from the Universe with the help of the Akasha. Then, through the Wand or Sword, trace the inner and outer Circles completely. Start at the North and work in a clockwise manner. It has now been charged for Magical work.



The next few chapters deal with Magical Implements and proper procedures within the various ceremonies. I would like to stress that once the Circle has been closed and charged, never leave the Circle, for any reason, until the entire procedure is finished. This includes the dismissal of any evoked Spirits or elemental Heads. Severe mischief could befall the Magician.

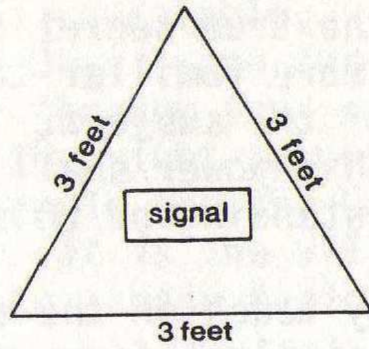
### THE TRIANGLE

The Magical Triangle is placed outside the Magic Circle. Popular opinion varies as to whether it should be inside or outside the Circle. After intensive meditation concerning this problem, I feel quite secure in advising the following size and placement of the Magic Triangle.

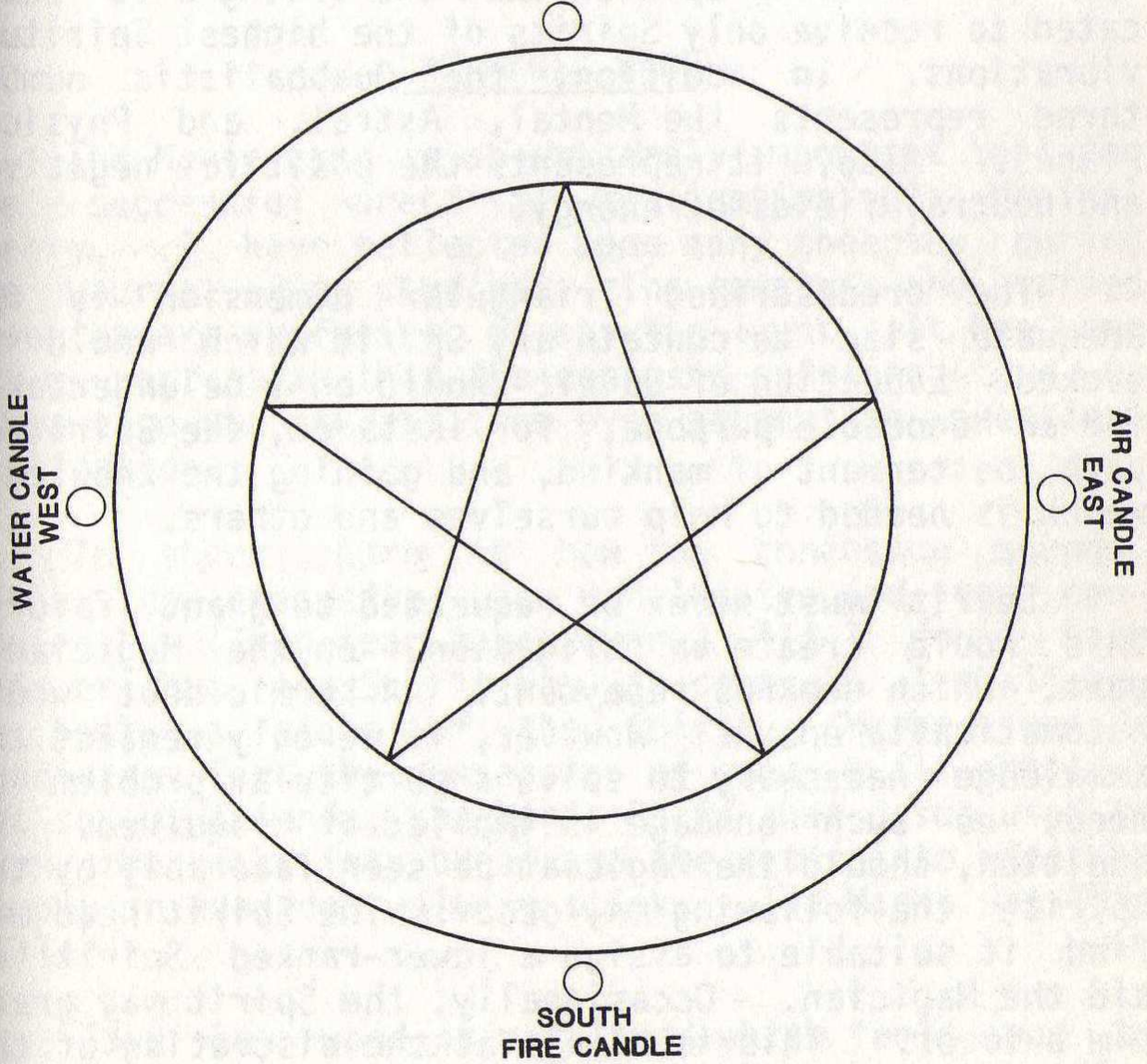
If you were to invite a Spirit or energy inside the Magic Circle, the safety of the Magician could be seriously jeopardized. The accumulation of power and the ability to control Spiritual energies is a slow process. Therefore, we must crawl before we can walk. It is imperative that the Magician always provide for his personal protection, especially in the beginning stages of development.

The desired size may be measured with a yardstick, in accordance with the Quabbalic mystery of the number three. A perfect triangle shall be three feet, by three feet, by three feet. The exact center of the base shall be centered exactly on the beginning of the outer circle's north point. (See the diagram on page 97.)





EARTH CANDLE  
NORTH





As I have stated, the Triangle is constructed in accordance with the Quabbalistic mystery of the number three. Indeed, the true secret of this number is a revelation. The more familiar the Magician is with the true meaning of the subject, the more successful he shall become. His power shall be greatly enhanced by a complete understanding of this subject matter.

I shall briefly touch on the analogy of the number three. In its simplest form, the Triangle represents the Holy Father, the Holy Son, and the Holy Spirit. It is my opinion that the Triangle is dedicated to receive only Spirits of the highest Spiritual vibrations. In addition, the Quabbalistic number three represents the Mental, Astral, and Physical Planes. Also, it represents the positive, negative, and neutral fields of energy.

The predescribed Triangular dimension is of adequate size to contain any Spirit which would be evoked. Evocation of Spirit should only be undertaken for an honorable purpose, for instance, the Spiritual path, betterment of mankind, and gaining the knowledge which is needed to help ourselves and others.

Spirit must never be requested to grant favors. This would create an obligation, on the Magician's part, which demands repayment. A Karmic debt would automatically ensue. However, if we only request the knowledge necessary to solve a particular problem or need, no such bondage is implied or required. In addition, should the Magician be seen favorably by the Spirit, the following may occur: The Spirit head may find it suitable to assign a lower-ranked Spirit to aid the Magician. Occasionally, the Spirit may grant him a favor. This is always at the discretion of the Spirit.



The Triangle, as well as the Circle, is to be traced with the Magic Sword or Wand. However, if no such instrument is available, you may use the following method. Draw upon the White Light and emancipate its power through your right arm. Channel it through and from the right forefinger. Continue to trace both the Triangle and the Circle in this same manner. After all, it is the Will and Dedication of the Magician that makes these Magical.

### THE MAGIC WAND

The Magic Wand is an extremely important tool for the successful practical application of Magical theory. I have reflected upon many theories during the course of my studies. The complex and varied theories are confusing, to say the least. It has come to my attention that the confused opinions tend to discourage the student from even attempting practical application.

In short, here is how the confusion sounds. "It's too expensive, too complicated and too confusing." (Then fear takes over.) "If I don't have this or that, the Spirit may win control. I shall be, at best, a slave of the Spirit. Maybe even a candidate for the possession of some evil entity." Not so, my friends, the Magic Staff that Jesus used to turn the rocks into bread and the water into wine was simply an everyday walking stick. The Magic was "His Will."

Take any wood or metal rod which feels good to you. The length is important. Remember our discussion on the Quabbalistic value of the number three.



The length should be at least twelve inches and no longer than twenty-one inches. The combination of both these numbers reduce to the number three.

Prepare the Wand to please yourself. You may want to inscribe the Quabbalistic order of the planets and/or their symbols in the following order. Also, some prefer to attach a small ring of the metal assigned to each of the planets.

|         |        |
|---------|--------|
| SATURN  | LEAD   |
| JUPITER | TIN    |
| MARS    | IRON   |
| SUN     | GOLD   |
| VENUS   | COPPER |
| MERCURY | BRASS  |
| MOON    | SILVER |

A powerful Magic Wand may be fashioned in the following manner. Take a 3/8 inch steel rod and cut it to the desired length. Carefully magnetize it, either by the imagination or by using a strong magnet. Mark the ends, one positive or electrical and the other negative or magnetic. Obtain two small crystals of a natural quartz variety. These may be purchased at any lapidary supply store. A jeweler will be able to cut the small crystals off the rock. If possible, charge the crystal in a pyramid for several days. Next, prepare a Materialization tincture. (See the chapter on Magic Herbal tinctures.)

With all the required supplies on hand, continue as follows. Carefully wrap the middle of the wand with some type of electrical tape. This portion will be a neutral section of the wand. Insert the crystal in the positive end of the wand and seal with ordinary candle wax. When this has solidified, fill the wand



with the Spirit materialization tincture. Position the final crystal and seal it in place with hot wax.

Another method is to combine equal parts of the metals which are assigned to the planets. These will need to be filed and mixed together. Unfortunately, this is an expensive process. If you desire to use this method, attach the crystals in the same manner.

An old favorite is the Willow Wand. Obtain a suitable Willow branch. Remove the bark and sand until smooth. Let the branch cure and rub thoroughly with the condensing fluid. Allow this to dry and cover with shellac or clear varnish.

Having completed your Magical Wand, you are now ready to charge and dedicate it for the sole purpose of Magic. Once this has been completed, take great care that no one else ever touches your Wand. The Wand must be given a name, birth date, and a life span. (The name should only be known to you!) After you have charged the wand, for at least seven days, wrap it in pure silk and store with your other Magical implements.

Charging and dedication is a process which incorporates all aspects of the following:

1. The Supreme Will of the Magician;
2. The Special Control of the Mental, Astral, and the Physical Planes;
3. The Energy of the Four Elements and the Akasha; and
4. The Healing Energy from Divine Providence.

Having done all these things, your Wand is now a Magic Wand, ready for use.



## MAGIC HERBAL TINCTURES

The value of herbs must not be left out of the study of Magic. Each herb contains certain energies or vibrations. They are also assigned to the respective elemental influence. Herbs are, indeed, a valuable Magical tool. The serious student should study herbs and their various uses. An excellent book on the subject is "Magical Herbalism" by Scott Cunningham and is available from Llewellyn Publishing Company.

I personally prefer the following preparation technique as it prevents spoilage and loss of potency. As you well know, herbs can lose strength with age. Tinctures preserve potency. The following tinctures are to be prepared in exactly the same manner. The tinctures become an extract which may be restored by adding 5 to 10 drops to a cup of tea or water.

Begin the preparation on the new moon. Select an appropriate size container with an airtight top. Combine all the selected herbs and add the brandy, or desired liquor, to a level of two inches above that of the herbs. You will need to let it sit for a few minutes. If you are using dried herbs, they expand when moisture is added. When you are satisfied with the level of the spirits, close the lid and shake vigorously. The next step is to add the proper tone vibrations and/or quabbalic formulas. Store the mixture in a dark place. Each day, repeat the shaking and tone vibrations. The tincture matures on the full moon. Remove the tincture and charge it once more. Strain the tincture, using a cheese cloth. Add three drops of blood from your left hand, middle, or Akasha finger. Store in a dark bottle and keep in a dark place. Don't forget to label appropriately. Do not



throw away the remaining herbs. Take the remaining herbs and spread on a cookie sheet or pie pan. Heat the oven to 250 degrees. Bake approximately 30 minutes or until all the moisture is gone. You now have a very special incense to use with the tincture. Carefully label and store these for future use. You will, however, need to obtain some incense charcoals. I think my readers will be delighted with this idea.

I would like to warn the readers to expect a "whoosh" or boom from the oven when the incense is done. This is simply the energy of the element being converted into incense. Also, only bake one type of incense at a time.

The first tincture has many uses. It is for the materialization of spirit. I find it quite helpful to include evocation of spirit heads. I also place three drops of the tincture upon the paper on which I have drawn that spirit's signal. Another use for the tincture is on a powerful magic wand. See the chapter on the Magic Wand. I also put this tincture on my crystal ball.

#### MATERIALIZATION CONDENSER

- 1 Part Red Eyebright, fresh or dried
- 2 Parts Camomile Flowers, fresh or dried
- 1 Bottle, Good Quality, Brandy, Gin or Vodka
- E U Quabbalistic Formula which relates to tones of D B

The E U Quabbalah formula enhances the medium's ability to materialize the desired Spirit. If room impregnation is done with this formula, this will allow even untrained persons to see the Spirit.



When this tincture is matured, we have to load it with the Fire element. I accomplish this in the following manner. After you have strained the tincture, hold your left hand over it in a manner of blessing. With your right hand, play the (low C) C G D. Feel and see the Fire energy and vibrations being channeled into and through the right (Electrical) hand and arm. Continue and channel the energy through the body and down the left (Magnetic) arm. Volt this energy into the tincture from the middle, or Akasha, finger. You have now added both the Electric and Magnetic energy, as well as the Fire Element. The final step is to put the tincture on all four planes of operation. The tone vibrations are F for physical, G# for Astral, A for mental and high C for Akasha. This is a powerful formula so use it well.

### FIRE ELEMENT TINCTURE

The following elemental tinctures are not only useful in evoking the respective element but also in healing. Refer to the elemental assignments to the physical body. I suggest that you put all tinctures on four planes for practical purposes. This will not limit the Magician to use on one plane alone. Cinnamon tea is recommended here.

Use Equal Parts of the Following:

- 1 Part Marigold Flowers
- 1 Part St. John's Wart
- 1 Part Hyssop
- 1 Part Blessed Thistle



The charging technique for this tincture is exactly the same as the previous one. Make sure that you visualize the warmth and energy of the Fire element. This energy is to be volted into the tincture, using the forefinger, or the fire-finger of the left hand.

### EARTH ELEMENT TINCTURE

The Earth tincture must be used in connection with all desires which are to be manifested on the physical plane. The tone vibrations are F G D. The ring finger of the left hand is used in volting.

- 1 Part Jasmine
- 1 Part Sage, fresh or dried
- 1 Part Patchouli, fresh or dried
- 1 Part Parsley, fresh or dried also.

### WATER ELEMENT TINCTURE

- 1 Part Camomile flowers, fresh or dried
- 1 Part Myrrh powder
- 1 Part Poppy seeds or flowers
- 1 Part White Rose Petals, fresh or dried

Visualize the peaceful and floating sensation of the Water element and draw them into the right hand as before. Volt this wonderful energy into the tincture, using the thumb of the left hand. The tone vibrations are F# G D. Camomile or Rose tea is recommended.



## AIR ELEMENT TINCTURE

The developing Magician should use this tincture at least three times a week. It will accelerate the development of psychic growth and development. I recommend eyebright tea be used with 5 to 10 drops of the following tincture.

- 1 Part Mugwort
- 1 Part Red Eyebright
- 1 Part Lavender
- 1 Part Sandlewood

Charge this one well, using the tone vibrations of B G D. Be certain to put on all four planes. The incense made from the remaining herbs should be used frequently. Another suggestion is to take equal parts, as before, and sew them into a small pillow. We now have a dream pillow. Place under your pillow at night. This helps to bring in spiritual messages and prophetic dreams. If you have any difficulty in regard to dream recall, this will help dramatically. I mentioned earlier that herbs lose potency over a period of time. You will need to make a new pillow after about two months.



MAGIC TOOLS

## THE SWORD

The Magical Sword is spoken of in all works which deal with Magic. I will touch briefly on this subject matter. The true Magician, and especially those dealing with Quabbalistic Magic, will probably never have an occurrence that will require mandatory use of the sword. The sword is primarily used to coerce demonic and/or extremely negative or rebellious Spirits to submit to the Magician's will. The sword is, however, an instrument that the Magician should have on hand in case of an accidental evocation of an undesirable Spirit or Demon.

The sword need not be especially made, cast, or of any specific design. It must, however, be blessed and dedicated in the same manner as all other Magical instruments. It is also associated with the element Fire.

## THE (AIR) DAGGER

During this writing I have brought to the attention of the Magician the necessary tools of the Ceremonial Circle. I do feel that the Dagger is a very useful instrument. Bear in mind, also, that Magical tools are just that. The true Magic lies within the Will of the Magician.



## THE CHALICE

The chalice is also an important instrument of the Ceremonial Ritual. The element Water is signified by the wine therein and also, as in the Church, the transformation of the wine into the blood of Christ. Whatever your personal beliefs are, I feel quite certain that you will agree that the Creator must be included in all our works. What a beautiful celebration it is when we share the wine and bread with God and with the Spirits and Elemental helpers who have been so generous and so unselfish with their assistance in our spiritual development.

The chalice should be of a silver or gold coloration. This need not be real gold or silver. The color is strictly symbolic.

## THE CENSER

Similarly, the censer need not be of any special design. The complexity of Magical teachings have always perturbed me. The incense that is used should be a fragrance which will be pleasing to Spirit. Do not smoke up the entire room. Use just enough to create a pleasant atmosphere.

My dear friends, please, allow the ceremony to be fun. When the ceremony is light and pleasant, the spirits will be very willing to participate. However, this is not to suggest that you leave out any steps. A relaxed and confident atmosphere will, undoubtedly, command more respect from Spirit.



The proper placement of the censer is either within the Triangle or between the Triangle and the outer rim of the Magical Circle.

### MAGIC GARMENTS

Ceremonial Magic requires particular garments which are to be used solely for the purpose of Magic. These garments need not be especially made or expensive. However, they must be dedicated and only used within the Ceremonial Circle. The items selected should be loose-fitting and no longer than the ankle. Avoid any and all dark colors. White is suitable for almost any purpose; I also suggest blue, lavender and yellow. These four colors will fit the needs of virtually all purposes.

The ladies may consider using nightgowns. They are soft and flowing; furthermore, they do not restrict body movement. Gentlemen, I do not intend to forget you, either. There are limitless selections available for your consideration. Most major department stores offer an extensive variety of both colorful and comfortable lounge wear. White or cream-colored slacks may be worn with the appropriate colored loose-fitting top of the desired color.

I would like to stress, once more, that you use your imagination, not your hard-earned money. If it is not financially feasible to purchase special garments, you may, indeed, use suitable items you have available. Clothing that has been previously worn will require purification. The following formula will also serve to remove all vibrations from jewelry or anything else which needs cleansing.



1/2 cup sea salt to each gallon of water. Bring this solution to a boil and add garments.

Continue the boiling process for exactly nine minutes.

After the boiling process has been completed, pour off the salt water solution and immerse immediately in ice-cold rinse water which has been distilled.

Allow garments to dry naturally in fresh air. Press and wrap in tissue until consecration ceremony.

With the above process, the garments have been cleansed by the heat of the Fire element, the essence of Water, the steam vapors of Air, and the salt of the Earth element.

The completing touch to the Magical Robe is, naturally, a Magical Belt. The belt, at the discretion of the Magician, can be of leather, cloth, or a special braid. If the latter suggestion appeals to you, take the heaviest yarn you can acquire. It should be of royal purple, blue, and yellow. The length is to be six feet. Proceed as follows: Tie a knot three inches inside the thread and braid the three colored threads. Finish the belt with a corresponding knot and a three-inch fringe at the other end.

### THE MAGIC ALTAR

Everything which will be used for magical operations must be consecrated and dedicated to spiritual works. They must never be used for any



other purpose, lest they be rendered unsuitable for magical use at any other time.

A table of almost any size may be used as your altar. It should be large enough to hold the desired number of candles, a container of incense, a necessary talisman, as well as your Magical Diary.

A table should be preferably all wood; 18" x 24" would be ideal. However, you may vary the size as you desire. I can remember using a picnic basket very efficiently. How's that for improvising? Remember, use your imagination, not your money.

It would be perfect if you could build an enclosed cubicle of the desired material. This would enable you to store your equipment away from prying eyes.

### MAGIC OIL

Many shops carry zodiac oils. Your particular astrological oil will be perfect for most magical work, once it has been properly charged and blessed. When working ritual involving another person, whether for healing or any other purpose, you will want to anoint a candle representing that person's physical body with their corresponding zodiac oil.

I firmly believe that, while all these things are only tools to set the proper mood, incense and oils help to create the proper setting and atmosphere which are necessary to elevate the consciousness. The creative energy then flows freely and directly to the plane of operation essential for the desired manifestation.



The psychic and cosmic powers are naturally of utmost importance. Primary importance must always be placed upon setting the proper atmosphere for all Magical operations.

In this era of wide acceptance of the Metaphysical sciences, countless meditation tapes are available. Tapes which contain only music will prove a valuable aid to Magical Rituals. Musical vibrations will get your powers soaring.

#### OIL BLESSING

May the Light of the Creative Source  
Charge This Oil with Power and Protection,  
Used by Night or Used by Day,  
Keep All Negative Influences Away.

As I Will,  
So It Is!



YOUR MAGIC NAME

Initiation into the Hermetic Science, Magic, is much the same as physical death and rebirth. It involves the transformation of character and temperament along with the responsibility to serve Divine Providence and mankind. This transformation is celebrated by the baptism and christening of the newly born Magician.

Magical works is the only area that the secret name shall be utilized. Protect your magical identity with great secrecy. Your Magical identity must only be revealed to the most trusted persons or group members. Even these must be sworn to secrecy. Your secret name will serve as a protection against those who would do you mischief. The Black Magician will be envious of your power and affiliation with the "Great White Brotherhood." Without the knowledge of your Magical Name, he will have little power which may harm you. Therefore, guard your identity well!

If you should be fortunate enough to be involved with a good magical group, the chosen leader will conduct the baptism and naming. However, if you happen to be practicing as an independent operator, you may conduct a self-baptism and naming.

Select a secret name which feels compatible to your personality. A pure white, preferably new, robe must be worn for the occasion. However, if this is not feasible, you may use one which you have purified. (See the chapter on Magical Garments.)

The most favorable time, astrologically, is during the new moon. The best hour would be a Mercury



hour. Construct a basic ceremonial Circle. You will need a small bottle of holy water, concentrated oil, and some sea salt. Place these items on the altar along with the regular ritual items. Proceed as follows:

1. Evocation and dismissal of negative energies or entities.
2. Opening prayer for protection and guidance.
3. Evoke all four elements and invite their participation.
4. Dedication prayer which includes your intention to fulfill your duty to God and dedication to perform works only for the betterment of mankind.
5. Baptism and christening. (The initiate shall be in a kneeling position.)
  - a. Take the concentrated oil and trace the sign of the cross first on the third eye, behind the right ear, then behind the left ear. Next, trace the sign on the throat Chakara and, lastly, on the heart Chakara.
  - b. Put a small amount of salt on the tip of the initiate's tongue. This is a dedication henceforth speak only with truth and wisdom.
  - c. Sprinkle the Holy Water on the initiate's head. With each sprinkling repeat the Christened Name.



6. Celebration and sharing of the bread and wine.
7. Meditation. Listen closely at this time. The newly baptised Magician may be given a special task or mission at this time.
8. Make the appropriate notes in the Magical Diary.
9. Thank the Evoked Elements for their help and participation. Also, dismiss them at this time and send them back to their respective spheres.
10. Closing prayers.
11. Blow out all of the candles.
12. Return all the Magical implements to their storage area.



PERSONAL PREPARATION FOR CEREMONIAL MAGIC

Preparation for Ceremonial Magic must be meticulously planned and executed. The attitude of the Magician should be that of excitement and joyous anticipation of the religious experience at hand. I submit the following procedure for your consideration.

1. Prepare your Magical Circle and Triangle.
2. Place the altar into position and cover it with an appropriate colored cloth and two white candles.
3. Place the desired incense in the Magic Censer and position it between the north point of the circle and the triangle.
4. Place the Magic Diary upon the altar.
5. Your action plan for the ceremony which must be complete from opening prayers, spirit, and elements to be evoked and procedures for dismissal of all the respective energies.
6. Sea salt and sulphur. The sea salt is to be sprinkled in a fine line on top of the inner circle. In the same manner, sprinkle the sulphur upon the outer circle. These are not applied until immediately prior to opening the ceremony. I recommend this process in the beginning because it offers additional protection. After the Magician gains maturity, he will be able to eliminate this aspect.



7. Position all the Magical instruments that are required.
8. If a spirit or elemental head is to be evoked, place the appropriate signal within the triangle.

Personal preparations should begin with a liesurely shower or bath. During this time, the Magician must totally relax and clear his mind of the activities of the mundane world. This should be followed by a short meditation, and shield of protection. Fresh out of the bath, take your Magical oil and make a cross over the third eye, throat center, and heart Chakara. Then dab oil on the psychic centers which are the temples, behind each ear, the base of the neck, and between the eyes.

Now you are ready to begin to dress for the occasion. The Magical robe is best worn with no other garments underneath. I also add that shoes are never worn within the Circle. When we have added all the necessary items of adornment, we are ready to begin.

I wish to make one final comment at this point. Now is the time that we once again check all equipment that will be used. Make sure that everything which will be needed is in place. After the ceremony has begun, the Magician must not for any reason step out of the Magic Circle before the completion of the Ceremony. An action of this kind could open the Magician to great harm. If the Ceremony is being performed indoors, it would be a good idea to take the phone off the hook. Any interruptions must be avoided.



CEREMONIAL PROCEDURES

Ceremonial Magic may be utilized for a multitude of various purposes. Therefore, it is the duty of the Magician to continuously expand upon areas of useful application of the dynamic energy which is generated therein. Psychic development, mental travel, healing, spiritual communication, and mastery of the elements are only a fragment of potential uses. The Magic Circle also provides an excellent protection for the physical body during astral projection. As you can see, the possibilities for use are virtually infinite.

The following guidelines will serve as a format for proper procedure within the Magic Ceremony. As I have previously mentioned, the entire ceremony must be written out beforehand and followed to the letter from start to finish. I reiterate: Do not deviate!

1. Step into the Circle and close it using the Magic Wand in the following manner: Draw upon the White Light, pulling it into your body and channel it through the Wand. Then, take the Wand and trace over first the inner circle, the outer circle, and finally the triangle.
2. Light the candles which have been placed around the Circle, starting with the East candle and move in a clockwise direction. The next step is to light the altar candles and the incense.
3. Position yourself in the center of the Circle, facing North, and, standing in the star position, draw the Universal Energy into the Circle through the right hand and project



the accumulated energy into the Circle from the left hand and palm. This process fills the Circle with the Akasha. During this accumulation of energy, create the Magical Trance State and vibrate high "C". (Refer to the diagram of the Star Position on page 97.)

4. The opening prayer should be said at this time and should be followed by a dismissal of all negative vibrations.
5. The Evocation of the elements is to be done at this time. Start, as before, at the East Quadrant of the Circle and move once more in a clockwise direction. Don't forget to vibrate the proper musical vibration assigned to each respective element.
6. If an evocation of a particular spirit or element is desired, it should be ordered to appear within the triangle. Remember to vibrate the proper musical note three times and then call that entity's name three times and firmly order it's obedience.
7. State the exact purpose for which the Spirit has been summoned.
8. Listen to the message from Spirit and make detailed notes in your Magic Diary of the answer or any further instructions.
9. A celebration should be done at this time. This celebration must include all of the elements and spirits. Bread and wine or juice, if you prefer is the traditional way



of saying thanks for their help and participation.

10. Dismiss any evoked spirits and elements at this time. Be certain to give thanks to each one for their help and participation. The ceremony is concluded by putting out the altar candles first and then the four candles which surround the Circle. Again, start with the Eastern Quadrant and continue in the same clockwise direction.
11. In my previous lessons, I cautioned you not to leave any energy to wander about without direction. The same consideration must be given to the energy which has been accumulated within the Ceremonial Circle. This energy is extremely effective for healing, revitalizing plants, and for peaceful and loving vibrations. If you cannot think of anyone who requires healing, send this energy to your nearest hospital to heal the sick and comfort depressed patients.
12. Dismantle the circle and return all of the ceremonial instruments to their storage area.



BUILDING THE UNIVERSAL ENERGY

After you have closed the circle and applied the salt and sulphur, the next step is to build the Universal Energy within the circle. Position yourself in the center of the circle, facing North. Place your body in a star position as follows: The feet should be at least eighteen inches apart, with the right arm raised to the heavens, palm upward. The left arm and hand shall be pointed downward with the fingers pointed toward the Earth. (Palm downward.) Tilt the head slightly back and begin to pull the White Light and energy of the universe. Begin to chant Aum Aum Aum, over and over, while feeling the powerful energy of the Universe. The energy begins flowing into the right palm which channel through the body and transmitted into the circle through the left hand and palm. Continue chanting and drawing the Universal energy until you can feel the electromagnetic energy almost crackling with power. When you are satisfied with the amount of energy you have drawn into the circle, you may then proceed with the Ceremony.

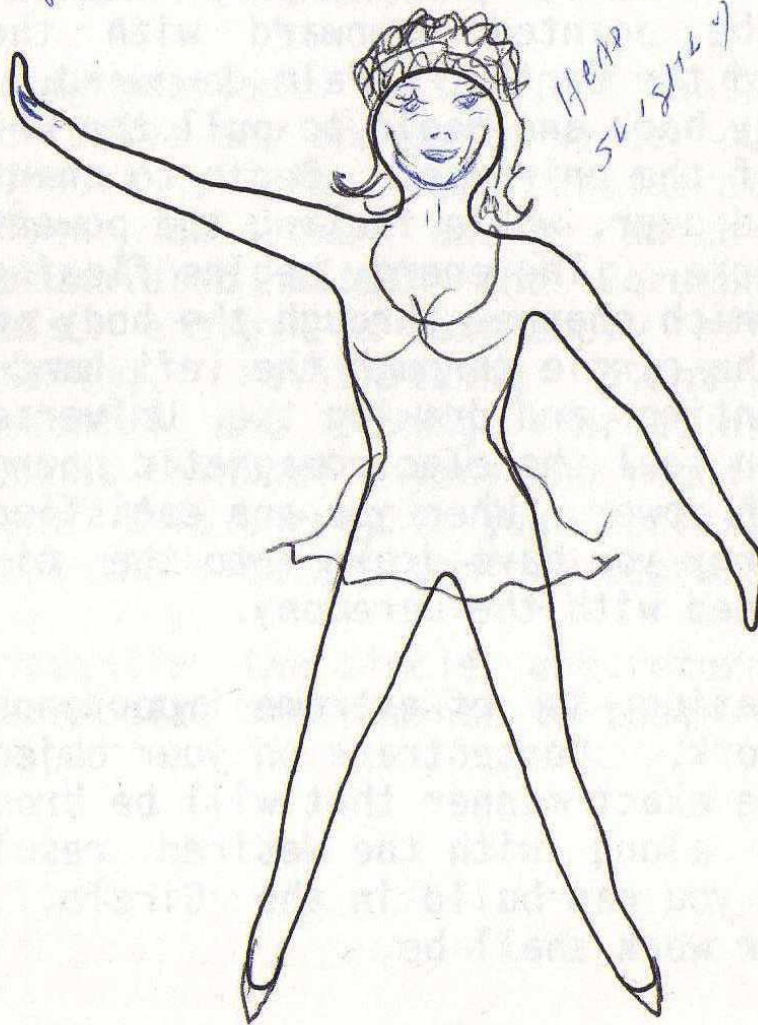
Visualization is of extreme importance in any Ceremonial work. Concentrate on your objective and visualize the exact manner that will be brought into manifestation along with the desired results. The more energy you can build in the Circle, the more effective your work shall be.



RADIATING THE UNIVERSAL ENERGY

After follow up  
HEAR Tired  
SLIGHTLY BACKWARDS

**STAR POSITION**





DEDICATION PRAYER

The Power and Wisdom of the Divine Light  
Strengthen and Protect Me,

The Powers of Darkness Lie Helpless before Me,

In Truth and Justice the Sword Doth Serve Me,

By the Pentagram of Divine Essence I Serve  
and Obey,

The Forces of Nature Await My Beckon Call,

In Truth and Light I Serve Divine Providence and  
Humanity.

BLESSING

Almighty and Most Powerful Creator,  
From Whom all Blessings Flow,

Encapsulate This Place and All Within,  
With Your Pure White Light of Peace and  
Protection,

I Dismiss from This Place Any and All Negativity,  
Impure Entities, Energies, and Thoughtforms,

I Ask Your Blessing on the Works We Are about to  
Perform.

Amen.



## DISMISSAL PRAYER

Almighty Creator, Spirit Friends, and Elemental Energies,

Thank You All for Your Help and Protection during This Joyous Celebration.

I Dismiss You Now to Go Back to Your Respective Spheres.

Beckon Quickly When Next I Call for Your Help and Guidance.

And So It Shall Be.

Amen.

The above prayers are an example of the opening and closing prayers for a Ceremony. In the following pages, I have written many invocations and rituals which will serve as a guide for the Magician. Some of the following include Tone Magic. Careful analyzation of these will guide the Magician. The Magician may, if desired, add the appropriate Tone Magic to the others.



PROTECTION FROM PSYCHIC ATTACK

This beautiful protection ritual was channeled by my good friend Psychic, Marie Stevenson. It is for protection during the night. We are most vulnerable during the sleeping hours. This is excellent for repelling psychic attack.

- 4 Lavender or purple candles.
- 2 White candles.

These are to be set on the diagram in the order shown. (See diagram on page 127.)

1. Light all six candles and proceed as follows:
2. Say prayer of thanksgiving for all blessings and experiences for this day and all past blessings.
3. Recite the following prayer:

I am becoming invisible and all negativity that is here at this time or at any time during the next eight hours is passing through me and losing its power.

And So It Is,  
Amen.

4. The Third prayer goes as follows:

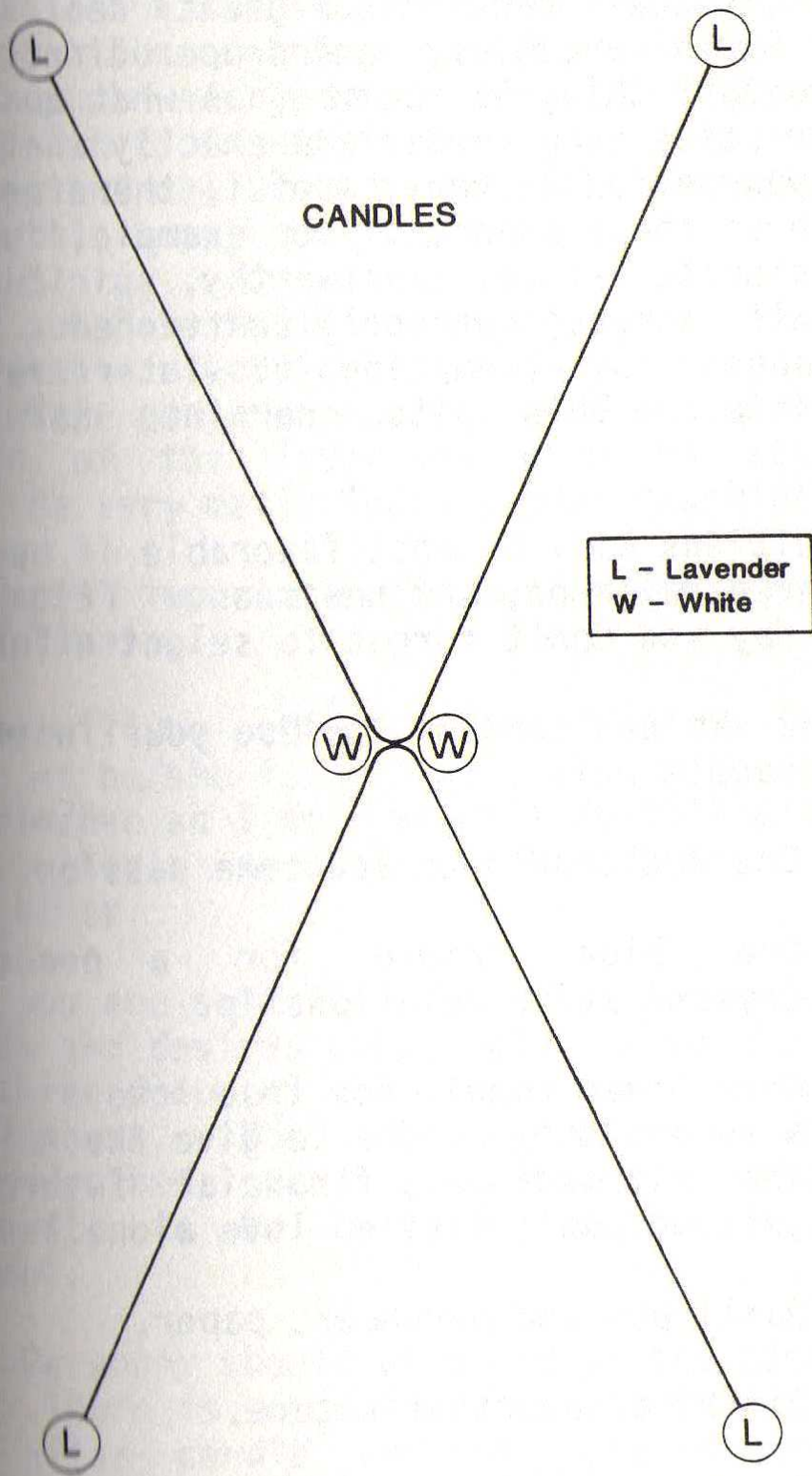
I am a perfect child of Mother, Father,  
God.

And So It Is,  
Amen.



All candles are to be burned until they consume themselves. To prevent any danger of fire, place diagram and candles in either the bathtub or shower. You may then go to bed feeling safe and secure. The following diagram is designed specifically for the protection ritual. The four lavender candles must be placed at the open ends of the V. The two white candles are to be positioned within the center portion, as shown in the diagram.







## SOUL MATE

This ritual requires a great deal of sexual energy, Earth energies, and proper direction. The most important thing to remember is what qualities or characteristics you order are exactly what you will draw to yourself. Be very careful, therefore, in your selection of these aspects, for example, gentle but with passionate nature, trustworthy, spiritual values, and (don't forget) currently unattached. There is much danger in attempting to interfere with a relationship. This gets one into Karmic repercussions.

Conditions will be most favorable if begun on, or within three days of, the new moon. Friday would be the best day and don't forget to select a Venus hour.

1. 2 White candles. Use your normal altar candles.
2. One red candle to add some passion.
3. One blue candle for a peaceful and communicative relationship.
4. One green candle for true love. (You may also use this candle to give the relationship the mix of a good financial future. As of yet, we can't live on love alone.)
5. Quill pen and parchment paper.
6. Oil of a seductive nature.
7. Dove's blood ink. (If this is not available, use red.)



8. Incense: This may be Venus or of a passionate fragrance.

The Magical altar should be facing East, as that is the direction of things to happen in the future. Build as much energy and sexual excitement as possible. Don't forget to fill your body with the Earth energy and call upon Venus, the planet of love, to join in this happy quest.

When you have built up the energy and excitement to a veritable electrical pitch, you are ready to proceed. Take pen and paper in hand and write a full description of the lover you wish to attract to yourself. Be very meticulous in your description.

The most important affirmation comes into play with the following:

He/she will be perfect for me in every way, just as he/she is. I will also be perfect for him/her as I am. We will fulfill all of each other's needs in our perfection for each other.

When you are satisfied that this person will fill your needs and desires completely, take the candles and let three drops of the melted wax from each fall onto the paper. Now, burn the paper on which you wrote your desired lover's description. This allows the request to be left to the elements for fulfillment.

The Ceremony should be ended in the same manner as usual. There is one difference, however: only put out the altar candle and the candles around the circle. The other candles which were used during the Ceremony should be allowed to burn themselves out.



The last step is to take the ashes outside and scatter them to the four Elements.

Order Wisely! Remember that you shall receive exactly what you have ordered.



SPIRIT OR ENTITY EXORCISM

The following ritual is a very effective procedure for general spiritual cleansing and/or for the removal of troublesome entities. All of these nuisances can be sent back to their respective spheres using the following ritual. However, I must warn the initiate that extreme care must be taken in any and all rituals of this nature. One must be totally charged with the protection of the Light.

In the process of exorcising a house, great care should be taken to include all rooms, closets, and even bath rooms. The final exorcism will not be complete until even the entire yard has also been cleansed and blessed.

The time of performance is also of extreme importance. This ritual must be done between dusk and midnight for after the stroke of midnight you will need three times the power to persuade the forces that are, to do your bidding. Let us begin as follows:

1. You will need a 6 or 9 foot length of flexible rope. If you have fashioned a Magical Belt, this may be used. Prior to use, you will need to charge and protect this rope with the Light and a blessing for your personal safety. Once the ritual has begun, do not let the ends separate. This may be accomplished by grasping the crossed ends of the rope and letting the enclosed circle trail behind you while moving from room to room.
2. One white candle which has also been blessed.



3. Leave one window or door, to the outside, open in each room.
4. Say your blessing for the work about to be performed. At this time, also request for special assistance and protection with the spiritual cleansing exercise.
5. Enter the room and light the candle. Next place the candle in a spot which will not be in a draft.
6. Place the rope or belt around you in a circle. Draw the ends together making sure that the ends are crossed.
7. Call out the Energies and/or Entities as follows:

Any and All Negative Entities, Energies, Thoughtforms, or Lost Souls, I Now Order You to Come Forth.

Repeat this order three times in a demanding tone of voice. Carefully watch the candle flame. If you cannot visually see them, you will know if they have come forth by the erratic behavior of the candle's flame. When they have presented themselves, proceed.

You Are Only Energy. You Cannot Harm Me and I Will No Longer Tolerate Your Presence. You May Not Stay Here Any Longer. You Have Been Lost and Now I Shall Help You Find Your Way Back to the Light. Listen Now and Do as I Command.



Look to the Left,  
Look to the Right,  
Look to the Light and Be Gone,  
In the Name of God, I Command You.

Hesitate and watch the candle flame, if it has returned to normal, the spirit has left. If, however, the flame is still behaving in an erratic manner repeat until the flame has become calm. You may then be fully satisfied that the Spirit or energy has, indeed, returned to the Light.

The reason for cleaning each room is that occasionally you will encounter more than one presence. Do not be afraid. I can vividly remember the first time I used this exorcism. I was literally scared to death. I just happened to encounter a most stubborn energy which seemed just as intent on staying as I was on ridding my home of its presence. I had many times repeated the ritual and finally, in a furious tone of voice, I screamed, "I Won't Tolerate Your Disobedience One Second Longer! Look to the Left, Look to the Right, Look to the Light and Be Gone, In the Name of God, I Send You Back Now!"

Always remember, the power within is greater than the power without.



SUPREME SUCCESS RITUAL

The following Evocation combines the use of the principle of Fire and the Quabbalistic twofold letters of E K. When the aforesaid combination of letters are correlated with the tone vibration, the resulting vibration guarantees success and automatic fulfillment of one's desires. This very simple procedure eliminates having to cause a situation to happen before the desired result can be manifested.

E K E K E K E K E K E K  
 By the Power of the Fiery Element,  
 By the Abundance of the Earth,  
 By the Power of the Akasha,

E K E K E K E K E K E K  
 A Perfect Child of God Am I,  
 In My Perfection I Shall Prevail,  
 As God Sets No Limits upon Me,  
 I Shall Set No Limits upon Myself,

E K E K E K E K E K E K  
 Energies of the Earth, I Call You Forth,  
 Your Mighty Power to Set My Course,  
 Set with Magic, Set with Force,

E K E K E K E K E K E K  
 By My Birthright, I Now Claim,  
 Success Unlimited, Fortune and Fame,  
 Talented TEACHER That I Be, (Insert  
 field of talent here.)  
 Now ALL The World Shall Also See,



E K E K E K E K E K E K  
 Universal Laws Til Now Untold,  
 I Now Command To Unfold,  
 On The Mental, Astral, And Physical  
 Plane,

E K E K E K E K E K E K  
 Thunder, Fire and Akasha Power,  
 I Release You Now,  
 THIS IS THE HOUR.

AS I WILL,  
 SO SHALL IT BE.

The tone vibrations for the above evocation are:

|                    |       |
|--------------------|-------|
| The notes of E D   | D B   |
| Fire Element       | C G D |
| The Earth Element  | F G D |
| The Akasha Element | A G D |
| The Mental Plane   | A     |
| The Astral Plane   | G#    |
| The Physical Plane | F     |



GAMES OF CHANCE INVOCATION

The following invocation utilizes a threefold letter combination. When the Quabbalah letters are used threefold, the energies are put to work on the Physical, Astral, and Mental Planes. The letter "A" represents the absolute Will of the Magician. The letter "G" is there to provide abundance of wealth and all types of material success. The letter "K" represents the mastery of all Earthly commodities.

AGK AGK AGK AGK AGK AGK  
 Earth Forces, I Call to Thee,  
 Luck Shall Now Abound with Me,  
 All Negative Forces, I Bid You Flee,  
 Nevermore, Return to Me,

AGK AGK AGK AGK AGK AGK  
 Sun and Moon, Earth and Me,  
 Mighty Powers from These Three,  
 Mystic Powers and Mighty Force,  
 I Call Thee Now to Set My Course,

AGK AGK AGK AGK AGK AGK  
 Lady Luck, I Welcome Thee,  
 Life Long Friends, We Now Shall Be,  
 I Thank You All That This Is So.

And So It Is.

|                |       |
|----------------|-------|
| Earth Energy   | F G D |
| AGK            | G F B |
| Mental Plane   | A     |
| Astral Plane   | G#    |
| Physical Plane | F     |



SHEER BAD LUCK REMOVAL

It would seem that each and every one of us experience, at some time, what would appear to be nothing but sheer bad luck. The following recipe is an excellent method for reversing this trend.

The manifestation of the energy of the Earth Element is to be naturally consummated on the grossly Physical plane of existence. You might, however, prefer to incorporate the Astral and Mental Planes, as well.

The most advantageous time to start this ritual is after the full moon and before the new moon. (The waning side of the moon.)

1. Two white candles.
2. One black candle. (To absorb the negative influences.)
3. Black ink.
4. Magical or personal oil.
5. Parchment paper. If this is not available, you may use plain white paper.

Create all the positive energy you can summon. Dress the black candle with your Magical oil. Write the words, "Bad Luck Be Gone," on the parchment paper. If, however, you are aware of a particular event or person that is causing the negative trends, write that on the paper also.



When the ritual has been completed, take the ashes which are left from the parchment paper and the remains of the black candle to a remote location, away from your home, and bury them together. These should be covered with sea salt and sulphur.

The following ritual should be said at least three times with authority. When you are finished, burn the paper on which you have written the suspected problem. The ashes from the paper are to be buried along with the other items.

By the Power of Fire, C G D  
By the Power of Earth, F G D  
By the Magic That I Summon Now,  
Negative Influences, I Cast You Forth,  
Continue on Your Wayward Course,

Thunder, Fire, and Earth's Great Power,  
This One's Life Release to Claim,  
I BANISH YOU NOW,  
THIS IS THE HOUR.

AS I WILL,  
SO MUST IT BE. AMEN.



INCARCERATED BUT INNOCENT

The following invocation is to be used in order to free persons who have been wrongfully imprisoned. Spirit Heads of the Jupiter realm control legality and harmony.

I put this invocation together for a very dear friend whose son had been sent to prison while the guilty party remained free. Truly, all of the Magical invocations I have written grew out of necessity. That is exactly as it should be.

Spirits of the Jupiter Sphere,  
Beckon to My Call to Thee,

ER ER ER ER ER ER  
On the Physical, Astral, and Physical Planes,  
\_\_\_\_\_'s Life Release to Claim,  
Deep Injustice Has Been Done,  
Karmic Atonement Has Begun,

ER ER ER ER ER ER  
Heads of Jupiter, I Call You Forth,  
Set This Deed Right with Mighty Force,  
Karmic Justice Must Now Be Done,  
Now Set Free This Innocent One,

ER ER ER ER ER ER  
Confess, Confess, Oh Guilty One,  
No Peace on Earth Til Justice Is Done.

And So It Is.



|                    |      |
|--------------------|------|
| Spirits of Jupiter | B    |
| The notes E R      | D G# |
| The Mental Plane   | A    |
| The Astral Plane   | G#   |
| The Physical Plane | F    |

If the party in question is indeed guilty, the above invocation will have no effect whatsoever.



PEACE AND HARMONY INVOCATION

The following tone magic invocation was especially designed for certain couples who seem to quarrel constantly. I recommend that they utilize the tranquilizing energy of a blue candle with the following tone magic invocation.

E F E F E F E F E F E F  
 Child-like quarrels left and right,  
 I bid you now to take flight,  
 Come to haunt us no more,

E F E F E F E F E F E F  
 Peace shall reign here once more,  
 On the physical, astral, and mental  
 planes,  
 Harmony is restored once again,

E F E F E F E F E F E F  
 Laughing, loving, as when we met,  
 Love's delights and passions too,  
 Again shall flow from me to you.

SO SHALL IT BE.

|                |             |      |
|----------------|-------------|------|
| Letters of E F | vibrates in | D F# |
| Physical plane | vibrates in | F    |
| Astral plane   | vibrates in | G#   |
| Mental plane   | vibrates in | A    |

Invoke the energies of the sphere of Venus with the note of F. Begin on a Friday during the Venus hour. Repeat as necessary.



ASTRAL TRAVEL INVOCATION

The following invocation of the Air Element allows the student to astral travel easily and quickly. I am aware that there is great temptation for the student to misuse this ability. I will not preach but will only remind my readers that the Magician's education may be greatly enhanced on the Astral Plane.

C U A C U A C U A C U A C U A C U A  
Astral patterns, astral flight,  
                     is where I wish to light,  
Spirits of the Air, carry me there,

*Guard my*

C U A C U A C U A C U A C U A C U A  
~~Watch over~~ my physical body while ~~Spirit's~~ gone,  
Keep my astral <sup>form</sup> matrix firm and strong, *I am*  
Increase my learning while I'm there,

~~Guide me to where I should go~~  
C U A C U A C U A C U A C U A C U A  
Spirits of the astral sphere,  
Traveling far and traveling near,  
~~No need to have the slightest fear.~~

*I am protected, I have no fear.*  
And so it is.

Letters of C U A  
Air Element  
Astral Plane

vibrate in  
invoked by  
invoked by

D G B  
B G D  
G#

*4- To learn what's needed, what I must know*  
*3- Guide me to where I must go*



PSYCHIC DEVELOPMENT INVOCATION

The Sylphs of the Air Element are, indeed, great teachers of all areas of psychic development. The Magician who finds favor with the Sylphs will be taught any or all methods analogous to psychic divination.

BGD

E A E A E A E A E A E A  
Spirits of the Air, I beckon thee,  
Your psychic powers to share with me,  
Let me hear, let me see,

G#

E A E A E A E A E A E A  
Bathe my eyes with Astral Light,  
Power to see true and clear *Bright*  
Past ~~and~~ present, future ~~too~~, *Sight*

G#

E A E A E A E A E A E A  
Sylphs and Fairies of the Astral Plane,  
Great teachers of the psychic realm,  
Impart your knowledge to me Now.

↓ wisdom

Air element                   invoked by                   B G D  
Astral plane                invoked by                   G#  
Color association here is a crystal clear blue.

*Feel me with your K. & wisdom  
Instead of fast live*



INDEPENDENCE INVOCATION

The following invocation is structured to arouse the instinct and character necessary to become independent. I formulated this invocation for a friend whose children had great difficulty severing the parental bond.

A C F A C F A C F A C F A C F A C F  
 Agusita, agusita, I call you forth,  
 With mystic power and mighty force,  
 Set for \_\_\_\_\_ a brand new course,

A C F A C F A C F A C F A C F A C F  
 Parental ties appear too tight,  
 Gently dissipate this bond,  
 As \_\_\_\_\_'s independence is growing strong,

A C F A C F A C F A C F A C F A C F  
 Vibrant surroundings I now see,  
 A relocated home for thee,  
 To love is also to set free.

And So It Is!

|                |             |        |
|----------------|-------------|--------|
| A C F          | vibrates in | G D F# |
| Mental Plane   | vibrates in | A      |
| Astral Plane   | vibrates in | G#     |
| Physical Plane | vibrates in | F      |
| Earth Element  | vibrates in | F G D  |



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Juanita Wescott has studied the science of Magic for over twenty years. She is a highly respected lecturer, teacher of Magic Development classes, Psychic Counselor, and has been an accomplished musician since early childhood. Ms. Wescott created the "Mystical Pendulum" board in 1981 which accelerates the development of the clairaudience faculty and spiritual communication.

"Magic & Music" is an unusually comprehensive 'source book'. The concepts set forth are written in a clear and concise style. Never before has anyone presented the exact musical notes and their use in evocations. She dramatically and precisely correlates the musical vibrations of each of the five elements, planetary spheres, Zodiac signs and tone vibrations of each letter of the Quabbalistic alphabet and their influences.

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